

Ergebnisse Tankumsee Triathlon 2013 - 600m 20km 5km Männer

| Platz | Start- | Name | Vorname | Verein | AK | Schwim | Rad | Lauf | Ziel |
|-------|--------|---------------|--------------|---------------------------|----------------|-------------|-------------|-------------|------------|
| 1 | 001 | Bachor | Konstantin | VfL Wolfsburg | 1 AK2 - TM25 | 0:09:05 3 | 0:29:19 1 | 0:18:19 4 | 0:56:43 1 |
| 2 | 002 | Wienbreier | Daniel | VfL Wolfsburg | 1 AK3 - TM30 | 0:09:30 5 | 0:30:08 3 | 0:17:14 1 | 0:56:52 2 |
| 3 | 003 | Hübenthal | Eike | VfL Wolfsburg | 2 AK3 - TM30 | 0:10:30 16 | 0:29:58 2 | 0:17:53 3 | 0:58:21 3 |
| 4 | 004 | Kuhlmann | Timo | Hannover 96 | 1 AK1 - TM20 | 0:10:40 19 | 0:30:55 4 | 0:17:33 2 | 0:59:07 4 |
| 5 | 005 | Marquardt | Matthias | Triathlon Team Braunsch | 2 AK2 - TM25 | 0:10:39 18 | 0:30:58 5 | 0:18:58 7 | 1:00:35 5 |
| 6 | 006 | Kaminsky | Carlo | VfL Wolfsburg | 3 AK2 - TM25 | 0:08:37 1 | 0:33:01 10 | 0:20:01 17 | 1:01:39 6 |
| 7 | 008 | Wächter | Rudolf | VfB Fallersleben | 1 Sen2 - TM45 | 0:09:48 8 | 0:32:15 6 | 0:19:47 13 | 1:01:50 7 |
| 8 | 009 | Fiedler | Hendrik | VfL Wolfsburg | 1 AK4 - TM35 | 0:09:04 2 | 0:33:01 9 | 0:19:48 14 | 1:01:53 8 |
| 9 | 007 | Siedlitzki | Christian | SG Findorff-Bremen | 2 Sen2 - TM45 | 0:10:50 27 | 0:32:25 7 | 0:19:18 10 | 1:02:33 9 |
| 10 | 011 | Wendland | Robert | Triathlon Team Braunsch | 2 AK1 - TM20 | 0:11:03 43 | 0:33:24 14 | 0:19:14 9 | 1:03:41 10 |
| 11 | 024 | Korell | Tobias | VfL Wolfsburg | 4 AK2 - TM25 | 0:10:14 15 | 0:33:36 19 | 0:20:06 18 | 1:03:55 11 |
| 12 | 598 | Ohde | Benjamin | SV Germania Helmstedt | 2 AK4 - TM35 | 0:11:09 49 | 0:33:17 12 | 0:19:57 16 | 1:04:23 12 |
| 13 | 015 | Liebing | Ronny | VfL Wolfsburg | 3 AK4 - TM35 | 0:10:09 13 | 0:35:09 38 | 0:19:24 11 | 1:04:42 13 |
| 14 | 013 | Stucke | Marcus | Tri Speedys Peine | 3 AK3 - TM30 | 0:11:10 50 | 0:32:54 8 | 0:20:54 27 | 1:04:58 14 |
| 15 | 054 | Nedelkovski | Aleksandar | VfB Fallersleben | 4 AK3 - TM30 | 0:12:21 113 | 0:33:51 22 | 0:18:49 5 | 1:05:01 15 |
| 16 | 014 | Liebing | Rouven | VfL Wolfsburg | 5 AK3 - TM30 | 0:11:53 88 | 0:34:17 30 | 0:18:56 6 | 1:05:06 16 |
| 17 | 034 | Seidel | Jan | VfL Wolfsburg | 1 Sen3 - TM50 | 0:09:29 4 | 0:33:57 25 | 0:21:59 67 | 1:05:25 17 |
| 18 | 030 | Schindzielorz | Robert | Team magic | 4 AK4 - TM35 | 0:11:27 65 | 0:33:15 11 | 0:21:04 37 | 1:05:46 18 |
| 19 | 459 | Ahler | Friedhelm | WSV 21 Wolfenbüttel | 3 Sen2 - TM45 | 0:10:42 21 | 0:33:49 20 | 0:21:24 44 | 1:05:54 19 |
| 20 | 032 | Korén | Carsten | TSV Victoria Linden | 1 Sen1 - TM40 | 0:10:05 12 | 0:34:45 33 | 0:21:05 38 | 1:05:56 20 |
| 21 | 632 | Richardt | Alexander | SV Germania Helmstedt | 6 AK3 - TM30 | 0:11:45 82 | 0:33:17 13 | 0:20:57 29 | 1:05:59 21 |
| 22 | 058 | Grote | Andreas | www.ichbinraus.de | 2 Sen3 - TM50 | 0:09:47 7 | 0:33:31 18 | 0:22:45 104 | 1:06:03 22 |
| 23 | 029 | Fischer | Felix | Triathlon Team Braunsch | 7 AK3 - TM30 | 0:11:32 69 | 0:34:16 29 | 0:20:21 20 | 1:06:09 23 |
| 24 | 012 | Springer | Jens | VfL Wolfsburg | 8 AK3 - TM30 | 0:09:54 10 | 0:34:51 35 | 0:21:31 49 | 1:06:15 24 |
| 25 | 010 | Bayer | Philipp | Tri Power Rhein-Sieg | 3 AK1 - TM20 | 0:10:46 24 | 0:33:27 16 | 0:22:06 71 | 1:06:19 25 |
| 26 | 670 | Keller | Robin | Triathlon Team Braunsch | 5 AK2 - TM25 | 0:11:03 42 | 0:35:31 51 | 0:19:51 15 | 1:06:25 26 |
| 27 | 023 | Geronio | Lion | VfL Wolfsburg | 1 Jun - TM18 | 0:11:23 62 | 0:33:49 21 | 0:21:40 56 | 1:06:52 27 |
| 28 | 606 | Ewald | Nils | Rühen | 9 AK3 - TM30 | 0:11:13 54 | 0:33:58 26 | 0:21:48 59 | 1:06:59 28 |
| 29 | 090 | Gremke | Udo | Hannover | 4 Sen2 - TM45 | 0:10:47 25 | 0:33:59 27 | 0:22:13 72 | 1:06:59 29 |
| 30 | 061 | Huth | Kai-Uwe | SV Germania Helmstedt | 5 Sen2 - TM45 | 0:11:11 51 | 0:36:57 89 | 0:19:00 8 | 1:07:08 30 |
| 31 | 068 | Bachmann | Holger | VfB Fallersleben | 2 Sen1 - TM40 | 0:11:15 58 | 0:33:27 15 | 0:22:30 93 | 1:07:12 31 |
| 32 | 022 | Becker | Stefan | VfL Wolfsburg | 2 Jun - TM18 | 0:10:45 23 | 0:35:12 40 | 0:21:39 55 | 1:07:35 32 |
| 33 | 454 | Schuchard | Holger | Tappenbeck | 6 Sen2 - TM45 | 0:12:07 98 | 0:33:31 17 | 0:22:02 68 | 1:07:40 33 |
| 34 | 465 | Georgi | Michael | SV Germania Helmstedt | 7 Sen2 - TM45 | 0:11:15 57 | 0:35:18 44 | 0:21:11 39 | 1:07:43 34 |
| 35 | 513 | Linke | Michael | Salzgitter-Flachstahl-Roa | 3 Sen1 - TM40 | 0:12:07 97 | 0:33:53 23 | 0:21:47 57 | 1:07:47 35 |
| 36 | 697 | Ritter | Alexander | TSV Victoria Linden | 4 Sen1 - TM40 | 0:12:13 105 | 0:34:52 36 | 0:20:50 25 | 1:07:55 36 |
| 37 | 072 | Garz | Tobias | VfL Wolfsburg | 5 Sen1 - TM40 | 0:10:44 22 | 0:33:55 24 | 0:23:18 135 | 1:07:57 37 |
| 38 | 041 | Becker | Uwe | VfL Wolfsburg | 1 Sen4 - TM55 | 0:11:20 59 | 0:35:19 45 | 0:21:24 45 | 1:08:03 38 |
| 39 | 630 | Hartfiel | Christian | Rheinbach | 10 AK3 - TM30 | 0:11:13 56 | 0:37:33 114 | 0:19:29 12 | 1:08:15 39 |
| 40 | 031 | Steiln | Mathias | VfL Wolfsburg | 5 AK4 - TM35 | 0:11:05 45 | 0:35:38 55 | 0:21:33 50 | 1:08:15 40 |
| 41 | 062 | Janecke | Carsten | Tri Speedys Peine | 8 Sen2 - TM45 | 0:11:26 63 | 0:34:21 31 | 0:22:34 98 | 1:08:21 41 |
| 42 | 379 | Bylitz | Thorsten | VfB Fallersleben | 3 Sen3 - TM50 | 0:09:44 6 | 0:36:24 72 | 0:22:15 74 | 1:08:22 42 |
| 43 | 620 | Effenberger | Witali | Team magic | 6 AK4 - TM35 | 0:12:25 119 | 0:35:20 46 | 0:20:50 24 | 1:08:35 43 |
| 44 | 045 | Dragendorf | Henri | VfL Wolfsburg | 4 AK1 - TM20 | 0:10:56 36 | 0:35:27 50 | 0:22:13 73 | 1:08:37 44 |
| 45 | 384 | Klas | Michael | TriAS Hildesheim | 4 Sen3 - TM50 | 0:00:00 -- | 0:00:00 -- | 0:00:00 -- | 1:08:45 45 |
| 46 | 035 | Knop | Jörg | VfL Wolfsburg | 5 Sen3 - TM50 | 0:11:01 40 | 0:35:32 52 | 0:22:21 83 | 1:08:54 46 |
| 47 | 413 | Wonschik | Peter | SportTREND Triathlon tea | 6 Sen3 - TM50 | 0:12:32 127 | 0:35:23 47 | 0:21:12 41 | 1:09:07 47 |
| 48 | 056 | Brummer | Andreas | VfL Wolfsburg | 2 Sen4 - TM55 | 0:10:53 32 | 0:34:32 32 | 0:23:44 159 | 1:09:09 48 |
| 49 | 644 | Affelt | Alexander | Triathlon Team Braunsch | 6 AK2 - TM25 | 0:13:29 186 | 0:34:05 28 | 0:21:35 54 | 1:09:10 49 |
| 50 | 640 | Horst | Martin | Schwülper | 7 AK2 - TM25 | 0:11:38 72 | 0:36:02 64 | 0:21:31 48 | 1:09:11 50 |
| 51 | 645 | Berndt | Marius | Ruderclub am Salzgitters | 8 AK2 - TM25 | 0:12:06 96 | 0:36:07 66 | 0:20:59 30 | 1:09:12 51 |
| 52 | 655 | Kuske | Jan | VfB Fallersleben | 9 AK2 - TM25 | 0:12:27 123 | 0:35:45 59 | 0:21:02 34 | 1:09:13 52 |
| 53 | 367 | Wucherpfennig | Heinz | PSV Braunschweig | 7 Sen3 - TM50 | 0:11:43 76 | 0:00:00 -- | 0:00:00 -- | 1:09:28 53 |
| 54 | 483 | Hoff | Sebastian | SV Eintracht Hannover | 9 Sen2 - TM45 | 0:13:21 177 | 0:34:52 37 | 0:21:22 43 | 1:09:35 55 |
| 55 | 563 | Schwarz | Michael | MTV Gifhorn | 6 Sen1 - TM40 | 0:12:01 93 | 0:35:14 42 | 0:22:26 90 | 1:09:42 56 |
| 56 | 047 | Sobottka | Tim | VfL Wolfsburg | 3 Jun - TM18 | 0:10:40 20 | 0:34:45 34 | 0:24:31 191 | 1:09:56 57 |
| 57 | 519 | Schütze | Mark-Michael | Tus Wieren | 7 Sen1 - TM40 | 0:11:57 91 | 0:36:10 68 | 0:21:51 61 | 1:09:59 58 |
| 58 | 427 | Morgenthal | Rainer | VfB Fallersleben | 10 Sen2 - TM45 | 0:12:23 116 | 0:36:33 77 | 0:21:03 36 | 1:10:00 59 |
| 59 | 074 | Jebili | Redha | MTV Vorsfelde | 7 AK4 - TM35 | 0:11:00 39 | 0:35:41 58 | 0:23:23 139 | 1:10:04 60 |
| 60 | 529 | Fischer | Andree | Wolfsburg | 8 Sen1 - TM40 | 0:11:43 78 | 0:37:27 110 | 0:20:55 28 | 1:10:05 61 |
| 61 | 699 | Plehn | Karsten | LC Blueliner | 11 Sen2 - TM45 | 0:12:39 134 | 0:36:41 79 | 0:20:51 26 | 1:10:11 62 |
| 62 | 607 | Lange | Martin | Wolfsburg | 11 AK3 - TM30 | 0:12:38 133 | 0:35:26 49 | 0:22:21 85 | 1:10:25 63 |
| 63 | 510 | Hümme | Thomas | Team Pirate | 9 Sen1 - TM40 | 0:12:19 112 | 0:35:13 41 | 0:22:55 114 | 1:10:27 64 |
| 64 | 687 | Fuchs | Lucas | Braunschweig | 5 AK1 - TM20 | 0:11:09 48 | 0:36:33 78 | 0:22:57 117 | 1:10:39 65 |
| 65 | 595 | Betzler | Andreas | Ruderklub Normannia Br | 8 AK4 - TM35 | 0:12:29 124 | 0:37:13 99 | 0:21:00 32 | 1:10:42 66 |
| 66 | 040 | Gille | Uwe-Jens | VfR Wilsche/Neubokel | 3 Sen4 - TM55 | 0:14:20 254 | 0:35:56 61 | 0:20:28 21 | 1:10:44 67 |
| 67 | 065 | Hahn | Holger | PSV Braunschweig | 12 Sen2 - TM45 | 0:12:18 110 | 0:36:56 88 | 0:21:30 47 | 1:10:45 68 |
| 68 | 600 | Straub | Karl-Heinz | MTV Vorsfelde | 9 AK4 - TM35 | 0:12:48 143 | 0:36:31 76 | 0:21:34 52 | 1:10:53 70 |
| 69 | 651 | Uhde | Niels | Göttingen | 10 AK2 - TM25 | 0:09:56 11 | 0:38:06 132 | 0:23:01 121 | 1:11:03 71 |
| 70 | 446 | Küster-Claus | Norbert | VfB Fallersleben | 13 Sen2 - TM45 | 0:00:00 -- | 0:00:00 -- | 0:22:03 69 | 1:11:05 72 |
| 71 | 430 | Schallhorn | Björn | VfB Fallersleben | 14 Sen2 - TM45 | 0:12:12 103 | 0:35:35 53 | 0:23:19 136 | 1:11:07 73 |
| 72 | 052 | Hentrich | Domenique | Team Heiße Platte | 6 AK1 - TM20 | 0:10:13 14 | 0:38:16 141 | 0:22:50 108 | 1:11:19 74 |
| 73 | 443 | Hermann | Bernd | Triathlon-Treff Sassenbur | 15 Sen2 - TM45 | 0:11:45 81 | 0:37:08 96 | 0:22:26 89 | 1:11:20 75 |
| 74 | 679 | Polzin | Marco | Diesdorfer SIX-PACK | 7 AK1 - TM20 | 0:11:34 71 | 0:37:27 109 | 0:22:20 80 | 1:11:21 76 |

| | | | | | | | | | | | | | | |
|-----|-----|-------------|-------------|---------------------------|----|-------------|---------|-----|---------|-----|---------|-----|---------|-----|
| 75 | 037 | Dittrich | Rainer | VfL Wolfsburg | 8 | Sen3 - TM50 | 0:12:18 | 109 | 0:35:55 | 60 | 0:23:11 | 129 | 1:11:24 | 77 |
| 76 | 691 | Seifried | Dennis | Mamaster ftw | 8 | AK1 - TM20 | 0:12:47 | 142 | 0:36:08 | 67 | 0:22:34 | 97 | 1:11:29 | 79 |
| 77 | 399 | Goldberg | Thomas | SV Teutonia Groß Lafferc | 9 | Sen3 - TM50 | 0:12:11 | 102 | 0:35:10 | 39 | 0:24:08 | 177 | 1:11:29 | 80 |
| 78 | 086 | Herrmann | Stefan | VfR Wilsche/Neubokel | 10 | Sen1 - TM40 | 0:11:23 | 60 | 0:38:18 | 142 | 0:21:56 | 66 | 1:11:36 | 82 |
| 79 | 027 | Berkhan | Tim | LSC Athlon Kusel | 12 | AK3 - TM30 | 0:00:00 | -- | 0:00:00 | -- | 0:00:00 | -- | 1:11:40 | 83 |
| 80 | 631 | Pilotto | Gustavo | VfL Wolfsburg | 13 | AK3 - TM30 | 0:11:08 | 47 | 0:38:15 | 139 | 0:22:21 | 84 | 1:11:44 | 84 |
| 81 | 694 | Knackstedt | Timo | Wolfenbüttel | 9 | AK1 - TM20 | 0:14:36 | 269 | 0:36:49 | 82 | 0:20:28 | 22 | 1:11:53 | 85 |
| 82 | 625 | Kuhnert | Florian | Tristem rathenoe | 14 | AK3 - TM30 | 0:11:42 | 75 | 0:37:26 | 107 | 0:22:51 | 110 | 1:11:59 | 86 |
| 83 | 093 | Lüdtkke | Hartmut | VfL Wolfsburg | 16 | Sen2 - TM45 | 0:11:00 | 38 | 0:38:44 | 152 | 0:22:20 | 81 | 1:12:04 | 87 |
| 84 | 071 | Bosse | Andree | Tri Speedys Peine | 11 | Sen1 - TM40 | 0:11:13 | 55 | 0:36:56 | 87 | 0:24:02 | 172 | 1:12:11 | 88 |
| 85 | 677 | Seifried | Manuel | Mamaster ftw | 10 | AK1 - TM20 | 0:13:49 | 211 | 0:35:38 | 54 | 0:22:51 | 111 | 1:12:17 | 89 |
| 86 | 505 | Schiemann | Lars | SV Eintracht Hannover | 17 | Sen2 - TM45 | 0:12:56 | 150 | 0:38:12 | 135 | 0:21:15 | 42 | 1:12:22 | 90 |
| 87 | 019 | Henke | Hauke | Triathlon Team Braunsch | 11 | AK1 - TM20 | 0:14:11 | 242 | 0:35:56 | 62 | 0:22:16 | 76 | 1:12:23 | 91 |
| 88 | 571 | Meinecke | Dirk | Freie Sportfreunde 03 | 10 | AK4 - TM35 | 0:12:46 | 141 | 0:37:18 | 104 | 0:22:25 | 88 | 1:12:30 | 92 |
| 89 | 084 | Keusch | Michael | Zeppelin Team OSC Pots | 11 | AK4 - TM35 | 0:10:54 | 33 | 0:00:00 | -- | 0:00:00 | -- | 1:12:30 | 93 |
| 90 | 451 | Sanitz | Tilman | TSV Bargtheide TRI | 18 | Sen2 - TM45 | 0:11:12 | 53 | 0:35:59 | 63 | 0:25:28 | 235 | 1:12:39 | 94 |
| 91 | 555 | Pochylski | Dirk | Tappenbeck | 12 | Sen1 - TM40 | 0:12:56 | 149 | 0:36:42 | 80 | 0:23:06 | 125 | 1:12:44 | 96 |
| 92 | 538 | Schönfeld | Tino | Diesdorfer SIX-PACK | 13 | Sen1 - TM40 | 0:11:56 | 90 | 0:37:13 | 98 | 0:23:41 | 156 | 1:12:49 | 97 |
| 93 | 664 | Jeß | Pascal | Team Fuchs sein! | 11 | AK2 - TM25 | 0:12:52 | 146 | 0:39:01 | 162 | 0:21:00 | 31 | 1:12:52 | 99 |
| 94 | 371 | Goertz | Helmut | MTV Vorsfelde | 10 | Sen3 - TM50 | 0:11:47 | 85 | 0:36:20 | 70 | 0:24:46 | 203 | 1:12:53 | 100 |
| 95 | 028 | Große | Matthias | LSV-Tri-Team Wolfenbütt | 15 | AK3 - TM30 | 0:14:40 | 273 | 0:35:17 | 43 | 0:22:56 | 116 | 1:12:53 | 101 |
| 96 | 424 | Kelsch | Viktor | Wolfsburg | 19 | Sen2 - TM45 | 0:11:53 | 87 | 0:37:15 | 102 | 0:23:45 | 161 | 1:12:54 | 102 |
| 97 | 522 | Teiwes | Gerhard | Germania Helmstedt | 14 | Sen1 - TM40 | 0:12:23 | 115 | 0:36:56 | 86 | 0:23:36 | 151 | 1:12:55 | 103 |
| 98 | 099 | Dzioba | Lucian | VfB Fallersleben | 11 | Sen3 - TM50 | 0:13:53 | 219 | 0:36:58 | 90 | 0:22:05 | 70 | 1:12:56 | 104 |
| 99 | 605 | Sobczak | Thomas | Hildesheim | 12 | AK4 - TM35 | 0:13:30 | 189 | 0:36:03 | 65 | 0:23:23 | 138 | 1:12:56 | 105 |
| 100 | 050 | Krause | Matthias | 1.TC Oldenburg e.V. Die | 12 | AK2 - TM25 | 0:12:41 | 137 | 0:36:26 | 74 | 0:23:55 | 166 | 1:13:02 | 106 |
| 101 | 044 | Gille | Johannes | VfR Wilsche/Neubokel | 4 | Jun - TM18 | 0:12:13 | 104 | 0:38:14 | 137 | 0:22:42 | 102 | 1:13:08 | 107 |
| 102 | 437 | Waßmann | Helge | Hannover | 20 | Sen2 - TM45 | 0:12:44 | 139 | 0:37:25 | 106 | 0:23:00 | 119 | 1:13:09 | 108 |
| 103 | 403 | Menzel | Frank | Wolfsburg | 12 | Sen3 - TM50 | 0:13:00 | 154 | 0:37:15 | 101 | 0:23:00 | 120 | 1:13:15 | 109 |
| 104 | 337 | Freiholz | Detlef | Braunschweig | 4 | Sen4 - TM55 | 0:13:29 | 185 | 0:37:21 | 105 | 0:22:27 | 91 | 1:13:17 | 110 |
| 105 | 059 | Peine | Dirk | SC Delphin Bad Schwart | 15 | Sen1 - TM40 | 0:10:33 | 17 | 0:39:04 | 163 | 0:23:40 | 155 | 1:13:18 | 111 |
| 106 | 415 | Bertram | Ralf | Tiddische | 21 | Sen2 - TM45 | 0:12:33 | 128 | 0:39:04 | 164 | 0:21:51 | 60 | 1:13:28 | 112 |
| 107 | 582 | Jeske | Christian | VfB Fallersleben | 13 | AK4 - TM35 | 0:12:19 | 111 | 0:37:38 | 116 | 0:23:33 | 148 | 1:13:30 | 113 |
| 108 | 342 | Ahlbrecht | Roland | VfB Fallersleben | 13 | Sen3 - TM50 | 0:11:56 | 89 | 0:37:40 | 118 | 0:23:54 | 165 | 1:13:30 | 114 |
| 109 | 043 | Hecker | Béla | Autoplus Team | 5 | Jun - TM18 | 0:13:39 | 199 | 0:37:43 | 122 | 0:22:15 | 75 | 1:13:37 | 115 |
| 110 | 523 | Walk | Peter | Gifhorn | 16 | Sen1 - TM40 | 0:13:01 | 156 | 0:36:55 | 85 | 0:23:42 | 157 | 1:13:38 | 116 |
| 111 | 414 | Ahrens | Mark | WSV 21 Wolfenbüttel | 22 | Sen2 - TM45 | 0:10:49 | 26 | 0:36:52 | 83 | 0:26:03 | 265 | 1:13:44 | 118 |
| 112 | 036 | Koch | Stefan | VfL Wolfsburg | 14 | Sen3 - TM50 | 0:12:30 | 125 | 0:37:07 | 94 | 0:24:09 | 178 | 1:13:46 | 119 |
| 113 | 095 | Mielke | Dieter | Wolfsburg | 23 | Sen2 - TM45 | 0:10:55 | 35 | 0:38:55 | 158 | 0:24:05 | 174 | 1:13:55 | 120 |
| 114 | 511 | Jaeschke | Uwe | Wurzelpeterfreunde Graff | 17 | Sen1 - TM40 | 0:13:16 | 171 | 0:37:28 | 111 | 0:23:14 | 131 | 1:13:58 | 121 |
| 115 | 021 | Berndt | Tim-Michael | SV Germania Helmstedt | 12 | AK1 - TM20 | 0:11:44 | 79 | 0:39:06 | 165 | 0:23:17 | 133 | 1:14:07 | 122 |
| 116 | 383 | Kemmerich | Hans | Cramme | 15 | Sen3 - TM50 | 0:14:03 | 229 | 0:37:06 | 92 | 0:22:59 | 118 | 1:14:08 | 123 |
| 117 | 038 | Teigler | Klaus | WSV 1921 Wolfenbüttel | 5 | Sen4 - TM55 | 0:11:43 | 77 | 0:38:13 | 136 | 0:24:14 | 181 | 1:14:10 | 124 |
| 118 | 635 | Hentzschel | Steve | Faster than turtles | 16 | AK3 - TM30 | 0:13:33 | 191 | 0:40:31 | 217 | 0:20:08 | 19 | 1:14:11 | 125 |
| 119 | 087 | Mittelstedt | René | Team ERDINGER Alkohc | 18 | Sen1 - TM40 | 0:12:35 | 130 | 0:37:51 | 126 | 0:23:46 | 162 | 1:14:12 | 126 |
| 120 | 674 | Hector | Julian | SV Kirchboitzen | 13 | AK1 - TM20 | 0:11:31 | 67 | 0:40:22 | 209 | 0:22:21 | 86 | 1:14:14 | 127 |
| 121 | 480 | Gantz | Thorsten | Triathlon Team Königslut | 24 | Sen2 - TM45 | 0:12:41 | 136 | 0:39:18 | 175 | 0:22:21 | 82 | 1:14:20 | 128 |
| 122 | 063 | Bittner | Norbert | VfL Wolfsburg - Tri Wölfe | 25 | Sen2 - TM45 | 0:10:55 | 34 | 0:36:25 | 73 | 0:27:01 | 317 | 1:14:21 | 130 |
| 123 | 081 | Witzke | Tobias | Wolfsburg | 17 | AK3 - TM30 | 0:14:13 | 244 | 0:37:08 | 95 | 0:23:02 | 123 | 1:14:23 | 131 |
| 124 | 537 | Schmidt | Michael | Wolfsburg | 19 | Sen1 - TM40 | 0:14:43 | 278 | 0:35:39 | 57 | 0:24:01 | 170 | 1:14:24 | 132 |
| 125 | 458 | Zillmann | Uwe | Intel1 | 26 | Sen2 - TM45 | 0:15:17 | 312 | 0:37:14 | 100 | 0:21:55 | 65 | 1:14:26 | 133 |
| 126 | 069 | Fink | Olaf | Triathlon-Treff Sassenbur | 20 | Sen1 - TM40 | 0:14:51 | 286 | 0:37:50 | 125 | 0:21:52 | 62 | 1:14:33 | 134 |
| 127 | 389 | Schuleit | Jörg | Biathlon Allerbüttel | 16 | Sen3 - TM50 | 0:11:40 | 73 | 0:39:32 | 180 | 0:23:31 | 146 | 1:14:42 | 136 |
| 128 | 351 | Willmann | Rainer | SportTREND Ultralauf-un | 17 | Sen3 - TM50 | 0:12:24 | 118 | 0:38:40 | 151 | 0:23:42 | 158 | 1:14:47 | 137 |
| 129 | 514 | Meier-Plate | Dirk | MTB-Team Wolfsburg | 21 | Sen1 - TM40 | 0:14:08 | 238 | 0:37:38 | 117 | 0:23:02 | 122 | 1:14:48 | 138 |
| 130 | 696 | Gohr | Lars | Danndorf | 13 | AK2 - TM25 | 0:13:26 | 181 | 0:38:49 | 154 | 0:22:34 | 95 | 1:14:48 | 139 |
| 131 | 637 | Roth | Dennis | Braunschweig | 18 | AK3 - TM30 | 0:00:00 | -- | 0:00:00 | -- | 0:24:58 | 212 | 1:14:49 | 140 |
| 132 | 055 | Simon | Wolfgang | VfL Wolfsburg | 1 | Sen5 - TM60 | 0:13:48 | 209 | 0:00:00 | -- | 0:00:00 | -- | 1:14:52 | 141 |
| 133 | 562 | Schumacher | Jörg | TrlTeam | 22 | Sen1 - TM40 | 0:13:20 | 175 | 0:37:00 | 91 | 0:24:41 | 200 | 1:15:02 | 142 |
| 134 | 079 | Sobiech | Lucas | Tri Team Königslutter | 14 | AK1 - TM20 | 0:10:51 | 30 | 0:40:47 | 235 | 0:23:25 | 141 | 1:15:03 | 143 |
| 135 | 482 | Hansen | Thomas | Triathlon Team Braunsch | 27 | Sen2 - TM45 | 0:14:05 | 234 | 0:36:21 | 71 | 0:24:45 | 202 | 1:15:11 | 144 |
| 136 | 564 | Behnsen | Jens | Hertha Otze | 14 | AK4 - TM35 | 0:15:27 | 326 | 0:35:39 | 56 | 0:24:11 | 180 | 1:15:17 | 145 |
| 137 | 066 | Wetzel | Jan | MTV Vorsfelde Triathlon | 15 | AK4 - TM35 | 0:10:56 | 37 | 0:38:52 | 157 | 0:25:37 | 238 | 1:15:25 | 146 |
| 138 | 676 | Krüger | Fabian | VfR Wilsche/Neubokel | 15 | AK1 - TM20 | 0:14:44 | 279 | 0:39:17 | 172 | 0:21:35 | 53 | 1:15:35 | 147 |
| 139 | 658 | Orzegowski | Martin | Tecis | 14 | AK2 - TM25 | 0:15:12 | 306 | 0:37:30 | 112 | 0:22:53 | 112 | 1:15:36 | 148 |
| 140 | 623 | Gorny | Andreas | Wolfsburg | 19 | AK3 - TM30 | 0:12:10 | 101 | 0:39:23 | 177 | 0:24:05 | 173 | 1:15:38 | 149 |
| 141 | 048 | Markwirth | Maurice | VfL Wolfsburg | 16 | AK1 - TM20 | 0:11:44 | 80 | 0:39:27 | 178 | 0:24:28 | 187 | 1:15:39 | 150 |
| 142 | 489 | Wulf | Axel | Hambühren | 28 | Sen2 - TM45 | 0:14:51 | 285 | 0:38:26 | 145 | 0:22:21 | 87 | 1:15:39 | 151 |
| 143 | 460 | András | Olaf | SV Teutonia Groß Lafferc | 29 | Sen2 - TM45 | 0:12:10 | 100 | 0:37:41 | 119 | 0:25:52 | 250 | 1:15:42 | 152 |
| 144 | 618 | Stoye | Roman | Wolfsburg | 20 | AK3 - TM30 | 0:14:50 | 282 | 0:37:27 | 108 | 0:23:28 | 142 | 1:15:44 | 153 |
| 145 | 485 | Renneberg | Thomas | Bad Harzburg | 30 | Sen2 - TM45 | 0:11:04 | 44 | 0:41:13 | 254 | 0:23:28 | 143 | 1:15:46 | 154 |
| 146 | 656 | Meyer | Alexander | Braunschweig | 15 | AK2 - TM25 | 0:12:25 | 120 | 0:40:02 | 199 | 0:23:20 | 137 | 1:15:48 | 155 |
| 147 | 436 | Thies | Jens | VfB Fallersleben | 31 | Sen2 - TM45 | 0:15:22 | 321 | 0:38:00 | 131 | 0:22:28 | 92 | 1:15:51 | 157 |
| 148 | 336 | Flormann | Reinhard | Gamsen | 6 | Sen4 - TM55 | 0:11:23 | 61 | 0:38:19 | 144 | 0:26:09 | 271 | 1:15:52 | 158 |
| 149 | 610 | Sehlmeyer | Robin | Hannover | 21 | AK3 - TM30 | 0:12:44 | 138 | 0:40:24 | 214 | 0:22:45 | 105 | 1:15:53 | 159 |
| 150 | 304 | Birkefeld | Ricardo | Celle | 6 | Jun - TM18 | 0:11:33 | 70 | 0:42:49 | 315 | 0:21:34 | 51 | 1:15:56 | 162 |
| 151 | 647 | Kolb | Martin | Heidenheim | 16 | AK2 - TM25 | 0:13:58 | 224 | 0:38:58 | 160 | 0:23:06 | 126 | 1:16:02 | 163 |

| | | | | | | | | | | | | |
|---------|-------------|----------------|---------------------------|----------------|---------|-----|---------|-----|---------|-----|---------|-----|
| 152 517 | Richert | Dirk | SSV Neuhaus Triathlon | 23 Sen1 - TM40 | 0:15:27 | 327 | 0:37:53 | 127 | 0:22:46 | 106 | 1:16:07 | 164 |
| 153 520 | Steinbock | Thomas | Ultra Lauf- und Triathlon | 24 Sen1 - TM40 | 0:13:53 | 217 | 0:38:37 | 149 | 0:23:37 | 152 | 1:16:07 | 165 |
| 154 525 | Bausmann | Marcel | Hannover | 25 Sen1 - TM40 | 0:14:26 | 261 | 0:38:18 | 143 | 0:23:30 | 145 | 1:16:15 | 166 |
| 155 601 | Adelmeyer | Bernd | Magdeburg | 16 AK4 - TM35 | 0:14:20 | 252 | 0:40:09 | 204 | 0:21:53 | 64 | 1:16:22 | 167 |
| 156 684 | Popplow | Jonas | Hannover | 17 AK1 - TM20 | 0:15:20 | 318 | 0:36:43 | 81 | 0:24:22 | 184 | 1:16:25 | 168 |
| 157 681 | Kulik | Kersten | TSV Liebenburg | 18 AK1 - TM20 | 0:13:56 | 223 | 0:39:39 | 187 | 0:22:53 | 113 | 1:16:28 | 169 |
| 158 524 | Wiedenbein | Ingo | Möckern | 26 Sen1 - TM40 | 0:12:40 | 135 | 0:37:48 | 124 | 0:26:12 | 275 | 1:16:40 | 170 |
| 159 017 | Homann | Christian | Triathlon Team Braunsch | 17 AK2 - TM25 | 0:11:46 | 83 | 0:40:05 | 200 | 0:24:58 | 213 | 1:16:49 | 171 |
| 160 543 | Hoffmann | Stephan | Braunschweig | 27 Sen1 - TM40 | 0:16:28 | 394 | 0:37:42 | 120 | 0:22:41 | 101 | 1:16:51 | 172 |
| 161 434 | Solowin | Waldemar | WSV 1921 Wolfenbüttel | 32 Sen2 - TM45 | 0:13:38 | 197 | 0:37:55 | 128 | 0:25:18 | 222 | 1:16:52 | 173 |
| 162 534 | Niehus | Andre | Bad Harzburg | 28 Sen1 - TM40 | 0:13:12 | 167 | 0:40:35 | 225 | 0:23:05 | 124 | 1:16:52 | 174 |
| 163 316 | Hagen | Hans-Reiner | Wolfsburg | 2 Sen5 - TM60 | 0:13:34 | 193 | 0:38:45 | 153 | 0:24:36 | 197 | 1:16:55 | 176 |
| 164 382 | Jassmann | Andreas | Tri-Fun-Ag | 18 Sen3 - TM50 | 0:12:49 | 145 | 0:39:32 | 181 | 0:24:41 | 199 | 1:17:01 | 177 |
| 165 509 | Bischoff | Lars | MTV Gifhorn | 29 Sen1 - TM40 | 0:10:50 | 29 | 0:41:19 | 256 | 0:24:53 | 210 | 1:17:02 | 178 |
| 166 064 | Blume | Holger | PSV Braunschweig | 33 Sen2 - TM45 | 0:00:00 | -- | 0:00:00 | -- | 0:25:20 | 224 | 1:17:10 | 179 |
| 167 541 | Straube | Andreas | Wesendorfer SC | 30 Sen1 - TM40 | 0:14:33 | 266 | 0:40:23 | 212 | 0:22:16 | 78 | 1:17:12 | 180 |
| 168 624 | Kittan | Philip | MTV Bornhausen | 22 AK3 - TM30 | 0:15:22 | 320 | 0:39:18 | 174 | 0:22:36 | 99 | 1:17:15 | 181 |
| 169 660 | Santelmann | Chris | Team ERDINGER Alkohc | 18 AK2 - TM25 | 0:15:19 | 316 | 0:38:14 | 138 | 0:23:45 | 160 | 1:17:18 | 182 |
| 170 049 | Loster | Patrick | Team ERDINGER Alkohc | 19 AK2 - TM25 | 0:13:49 | 213 | 0:37:07 | 93 | 0:26:23 | 286 | 1:17:19 | 183 |
| 171 654 | Hoffmann | Hendrik | Braunschweig | 20 AK2 - TM25 | 0:13:58 | 225 | 0:39:38 | 186 | 0:23:50 | 164 | 1:17:26 | 184 |
| 172 649 | Popp | Oleg | Gifhorn | 21 AK2 - TM25 | 0:14:21 | 257 | 0:41:41 | 270 | 0:21:29 | 46 | 1:17:31 | 185 |
| 173 463 | Claus | Olaf | MTV Gifhorn | 34 Sen2 - TM45 | 0:13:10 | 164 | 0:39:35 | 183 | 0:24:49 | 207 | 1:17:33 | 186 |
| 174 411 | Tietge | Andreas | TriAS Hildesheim | 19 Sen3 - TM50 | 0:13:40 | 200 | 0:00:00 | -- | 0:00:00 | -- | 1:17:37 | 187 |
| 175 082 | Zeller | Fabian | Peine | 23 AK3 - TM30 | 0:13:34 | 194 | 0:38:40 | 150 | 0:25:25 | 230 | 1:17:39 | 188 |
| 176 456 | Vocht | Wolfgang | Trio | 35 Sen2 - TM45 | 0:13:52 | 215 | 0:38:51 | 156 | 0:25:00 | 214 | 1:17:44 | 189 |
| 177 092 | Lohse | Max | SV Germania Helmstedt | 19 AK1 - TM20 | 0:11:12 | 52 | 0:40:20 | 207 | 0:26:16 | 280 | 1:17:48 | 190 |
| 178 629 | Giese | Nico | Team ERDINGER Alkohc | 24 AK3 - TM30 | 0:13:19 | 173 | 0:37:47 | 123 | 0:26:45 | 307 | 1:17:51 | 191 |
| 179 329 | Wallat | Uwe | VfL Wolfsburg | 7 Sen4 - TM55 | 0:14:23 | 258 | 0:39:56 | 194 | 0:23:34 | 149 | 1:17:54 | 192 |
| 180 402 | Loges | Frank | MTV Vorsfelde | 20 Sen3 - TM50 | 0:14:07 | 237 | 0:38:28 | 146 | 0:25:21 | 226 | 1:17:56 | 193 |
| 181 033 | Thelen | Stefan | Triathlon Team Braunsch | 36 Sen2 - TM45 | 0:15:02 | 293 | 0:41:06 | 250 | 0:21:48 | 58 | 1:17:57 | 194 |
| 182 096 | Ringbeck | Detlef Michael | PSV Holzwinden | 37 Sen2 - TM45 | 0:14:13 | 243 | 0:00:00 | -- | 0:00:00 | -- | 1:18:04 | 195 |
| 183 639 | Beyland | Lutz | Braunschweig | 22 AK2 - TM25 | 0:15:23 | 322 | 0:39:07 | 166 | 0:23:35 | 150 | 1:18:04 | 196 |
| 184 603 | Geißler | Rolf | South Lake Runners TT | 17 AK4 - TM35 | 0:13:47 | 206 | 0:38:33 | 147 | 0:25:45 | 246 | 1:18:05 | 198 |
| 185 558 | Blaschke | Tim | Milo Rules 2008 | 31 Sen1 - TM40 | 0:15:32 | 335 | 0:39:07 | 167 | 0:23:29 | 144 | 1:18:07 | 199 |
| 186 609 | Sander | Christian | South Lake Runners TT | 25 AK3 - TM30 | 0:13:25 | 180 | 0:38:50 | 155 | 0:25:53 | 254 | 1:18:08 | 200 |
| 187 083 | Hülsmeier | Bastian | Hamburger SV Triathlon | 18 AK4 - TM35 | 0:12:31 | 126 | 0:39:15 | 170 | 0:26:24 | 288 | 1:18:11 | 201 |
| 188 042 | Berndt | Marino | SV Germania Helmstedt | 7 Jun - TM18 | 0:12:15 | 106 | 0:39:21 | 176 | 0:26:40 | 302 | 1:18:16 | 203 |
| 189 594 | Zalepa | Michael | Weyhausen | 19 AK4 - TM35 | 0:14:10 | 240 | 0:40:07 | 203 | 0:24:01 | 171 | 1:18:19 | 204 |
| 190 335 | Fischer | Lothar | TSV Eixe | 8 Sen4 - TM55 | 0:14:04 | 233 | 0:39:11 | 168 | 0:25:04 | 217 | 1:18:19 | 205 |
| 191 499 | Lange | André | Tankumseerunner | 38 Sen2 - TM45 | 0:14:20 | 255 | 0:37:12 | 97 | 0:26:47 | 309 | 1:18:19 | 206 |
| 192 567 | Fiebig | Johannes | Havanna Club | 20 AK4 - TM35 | 0:15:48 | 353 | 0:38:07 | 133 | 0:24:31 | 192 | 1:18:26 | 207 |
| 193 588 | Babor | Daniel | VfB Fallersleben | 21 AK4 - TM35 | 0:11:06 | 46 | 0:43:24 | 339 | 0:23:57 | 168 | 1:18:27 | 208 |
| 194 559 | Haack | Fabian | Team magic | 32 Sen1 - TM40 | 0:13:41 | 203 | 0:40:42 | 230 | 0:24:05 | 175 | 1:18:28 | 209 |
| 195 521 | Switala | Dirk | Spvgg Groß Büten | 33 Sen1 - TM40 | 0:13:15 | 169 | 0:41:19 | 255 | 0:23:56 | 167 | 1:18:29 | 210 |
| 196 327 | Schmidt | Gerhard | VfR Wilsche/Neubokel | 9 Sen4 - TM55 | 0:17:07 | 418 | 0:00:00 | -- | 0:00:00 | -- | 1:18:35 | 211 |
| 197 486 | Schulze | Andreas | Wolfenbüttel | 39 Sen2 - TM45 | 0:12:36 | 131 | 0:39:38 | 184 | 0:26:25 | 289 | 1:18:38 | 212 |
| 198 700 | Hofmann | Lars | Schwanebeck | 22 AK4 - TM35 | 0:11:41 | 74 | 0:40:34 | 223 | 0:26:23 | 287 | 1:18:39 | 213 |
| 199 657 | Müller | Maximilian | Mamaster ftw | 23 AK2 - TM25 | 0:17:26 | 430 | 0:40:31 | 218 | 0:20:43 | 23 | 1:18:40 | 214 |
| 200 354 | Fritzsche | Lutz | WSV 21 Wolfenbüttel | 21 Sen3 - TM50 | 0:12:45 | 140 | 0:39:59 | 197 | 0:26:05 | 266 | 1:18:49 | 216 |
| 201 067 | Mayer | Lars | Tri-Woelfe / VfL Wolfsbu | 23 AK4 - TM35 | 0:12:17 | 107 | 0:37:57 | 129 | 0:28:45 | 378 | 1:19:00 | 217 |
| 202 461 | Arndt | Heiko | Hillerse | 40 Sen2 - TM45 | 0:14:30 | 264 | 0:40:57 | 239 | 0:23:33 | 147 | 1:19:00 | 218 |
| 203 388 | Rode | Dieter | VfL Wolfsburg | 22 Sen3 - TM50 | 0:13:10 | 166 | 0:39:57 | 195 | 0:25:54 | 256 | 1:19:01 | 219 |
| 204 366 | Wobst | Martin | BSV Ölper | 23 Sen3 - TM50 | 0:12:26 | 121 | 0:41:30 | 265 | 0:25:07 | 218 | 1:19:03 | 221 |
| 205 492 | Böhning | Hans-Martin | LT Rüniger Roadrunner | 41 Sen2 - TM45 | 0:12:35 | 129 | 0:40:46 | 234 | 0:25:43 | 243 | 1:19:04 | 222 |
| 206 053 | Meyer | Daniel | Victoria Linden | 26 AK3 - TM30 | 0:12:27 | 122 | 0:44:28 | 374 | 0:22:16 | 77 | 1:19:11 | 223 |
| 207 646 | Hennig | Jan | Hannover | 24 AK2 - TM25 | 0:15:24 | 325 | 0:41:26 | 261 | 0:22:32 | 94 | 1:19:22 | 224 |
| 208 319 | Farny | Peter | VfB Fallersleben | 10 Sen4 - TM55 | 0:14:14 | 245 | 0:39:51 | 190 | 0:25:41 | 241 | 1:19:45 | 227 |
| 209 394 | Wiedling | Klaus | LG Volkersheim | 24 Sen3 - TM50 | 0:14:51 | 284 | 0:39:33 | 182 | 0:25:26 | 232 | 1:19:50 | 229 |
| 210 680 | Dopichaj | Michael | Hannover | 20 AK1 - TM20 | 0:11:53 | 86 | 0:40:36 | 226 | 0:27:27 | 335 | 1:19:56 | 230 |
| 211 464 | D'Andrea | Dirk | VfL Wolfsburg | 42 Sen2 - TM45 | 0:13:13 | 168 | 0:38:34 | 148 | 0:28:20 | 367 | 1:20:07 | 232 |
| 212 075 | Wedekin | Daniel | Lehrter SV | 27 AK3 - TM30 | 0:11:03 | 41 | 0:00:00 | -- | 0:00:00 | -- | 1:20:08 | 233 |
| 213 488 | Swierzy | Frank | South Lake Runners TT | 43 Sen2 - TM45 | 0:13:35 | 195 | 0:39:17 | 171 | 0:27:20 | 329 | 1:20:11 | 234 |
| 214 303 | Küster | Ole | Dedenhausen | 1 JugA - TM16 | 0:15:16 | 311 | 0:41:39 | 269 | 0:23:23 | 140 | 1:20:18 | 236 |
| 215 531 | Guszewski | Martin | Rötgesbüttel | 34 Sen1 - TM40 | 0:12:37 | 132 | 0:40:34 | 222 | 0:27:14 | 324 | 1:20:24 | 237 |
| 216 593 | Vogler | Arthur | Braunschweig | 24 AK4 - TM35 | 0:11:29 | 66 | 0:38:55 | 159 | 0:30:08 | 421 | 1:20:33 | 239 |
| 217 536 | Riesen | Matthias | Wolfsburg | 35 Sen1 - TM40 | 0:18:09 | 456 | 0:40:32 | 220 | 0:21:52 | 63 | 1:20:33 | 240 |
| 218 590 | Godulla | Alexander | Diesdorfer SIX-PACK | 25 AK4 - TM35 | 0:12:48 | 144 | 0:40:55 | 238 | 0:26:52 | 310 | 1:20:34 | 241 |
| 219 470 | Julpe | Hilmar | VfL Ummern | 44 Sen2 - TM45 | 0:13:20 | 174 | 0:44:35 | 380 | 0:22:48 | 107 | 1:20:43 | 242 |
| 220 642 | Meyer | Torben | Wolfsburg | 25 AK2 - TM25 | 0:12:23 | 114 | 0:44:07 | 363 | 0:24:18 | 183 | 1:20:48 | 243 |
| 221 374 | Morgenstern | Ronni | Braunschweig | 25 Sen3 - TM50 | 0:14:47 | 280 | 0:40:37 | 228 | 0:25:29 | 237 | 1:20:54 | 244 |
| 222 572 | Michaelis | Niels | SV Teutonia Groß Lafferc | 26 AK4 - TM35 | 0:15:10 | 304 | 0:39:52 | 193 | 0:25:57 | 261 | 1:21:00 | 245 |
| 223 565 | Boldt | Matthias | VfL Rötgesbüttel | 27 AK4 - TM35 | 0:14:28 | 262 | 0:41:06 | 247 | 0:25:29 | 236 | 1:21:03 | 246 |
| 224 566 | Eisenbarth | Ludwig | MTV Vorsfelde | 28 AK4 - TM35 | 0:13:28 | 183 | 0:41:03 | 245 | 0:26:35 | 297 | 1:21:07 | 247 |
| 225 574 | Riemann | Daniel | Team magic | 29 AK4 - TM35 | 0:15:16 | 310 | 0:39:15 | 169 | 0:26:37 | 298 | 1:21:07 | 248 |
| 226 554 | Otto | Martin | MTV Isenbüttel | 36 Sen1 - TM40 | 0:15:30 | 330 | 0:42:30 | 298 | 0:23:08 | 127 | 1:21:08 | 249 |
| 227 412 | Wendland | Peter | Triathlon Team Braunsch | 26 Sen3 - TM50 | 0:13:32 | 190 | 0:41:53 | 280 | 0:25:45 | 245 | 1:21:10 | 251 |
| 228 375 | Musche | Detlef | Wolfsburg | 27 Sen3 - TM50 | 0:14:59 | 290 | 0:40:23 | 211 | 0:25:55 | 257 | 1:21:17 | 252 |

| | | | | | | | | | | | | | | |
|-----|-----|--------------|--------------|----------------------------|----|-------------|---------|-----|---------|-----|---------|-----|---------|-----|
| 229 | 449 | Rosenbecker | Martin | Schwülper | 45 | Sen2 - TM45 | 0:13:40 | 202 | 0:42:19 | 291 | 0:25:19 | 223 | 1:21:18 | 253 |
| 230 | 350 | Thiele | Joachim | Wolfsburg | 28 | Sen3 - TM50 | 0:17:14 | 424 | 0:37:34 | 115 | 0:26:32 | 292 | 1:21:20 | 254 |
| 231 | 364 | Stöwesand | Frank | LT Isenhagener Land | 29 | Sen3 - TM50 | 0:17:09 | 419 | 0:00:00 | -- | 0:00:00 | -- | 1:21:23 | 255 |
| 232 | 692 | Teichmüller | Peter | Groß Oesingen | 21 | AK1 - TM20 | 0:17:15 | 425 | 0:41:51 | 279 | 0:22:20 | 79 | 1:21:26 | 256 |
| 233 | 569 | Kausch | Matthias | TV Emmen | 30 | AK4 - TM35 | 0:15:24 | 324 | 0:41:28 | 263 | 0:24:35 | 195 | 1:21:27 | 257 |
| 234 | 638 | Schiwietz | Sebastian | Berlin | 28 | AK3 - TM30 | 0:15:31 | 334 | 0:41:24 | 258 | 0:24:36 | 198 | 1:21:32 | 258 |
| 235 | 667 | Pagel | Jonas | Braunschweig | 26 | AK2 - TM25 | 0:15:21 | 319 | 0:40:57 | 241 | 0:25:15 | 220 | 1:21:33 | 259 |
| 236 | 515 | Meyer | Ulrich | TRI-Team Flecken Brom | 37 | Sen1 - TM40 | 0:15:08 | 300 | 0:40:42 | 231 | 0:25:52 | 251 | 1:21:42 | 260 |
| 237 | 479 | Buchweitz | Ralph | Bokendorf | 46 | Sen2 - TM45 | 0:15:09 | 301 | 0:00:00 | -- | 0:00:00 | -- | 1:21:48 | 261 |
| 238 | 518 | Rieger | Lars-Peter | Braintec | 38 | Sen1 - TM40 | 0:14:01 | 227 | 0:41:51 | 278 | 0:25:57 | 260 | 1:21:48 | 262 |
| 239 | 438 | Bögershausen | Sven | Team Edinger Alkoholfrei | 47 | Sen2 - TM45 | 0:13:44 | 204 | 0:42:05 | 285 | 0:26:07 | 267 | 1:21:56 | 263 |
| 240 | 094 | Markwirth | Manfred | VfL Wolfsburg | 48 | Sen2 - TM45 | 0:13:00 | 153 | 0:41:27 | 262 | 0:27:37 | 341 | 1:22:03 | 266 |
| 241 | 340 | Gawlik | Norbert | Wolfsburg | 11 | Sen4 - TM55 | 0:17:33 | 437 | 0:39:46 | 188 | 0:24:46 | 204 | 1:22:05 | 267 |
| 242 | 685 | Rendchen | Manuel | Wolfsburg | 22 | AK1 - TM20 | 0:15:08 | 299 | 0:40:58 | 242 | 0:26:10 | 273 | 1:22:15 | 268 |
| 243 | 334 | Elsner | Wolfgang | VfB Fallersleben | 12 | Sen4 - TM55 | 0:17:01 | 412 | 0:40:01 | 198 | 0:25:16 | 221 | 1:22:17 | 269 |
| 244 | 592 | Kürten | Tony | Gifhorn | 31 | AK4 - TM35 | 0:16:20 | 385 | 0:40:33 | 221 | 0:25:26 | 231 | 1:22:19 | 270 |
| 245 | 425 | Meier | Andreas | Wittmar | 49 | Sen2 - TM45 | 0:13:30 | 188 | 0:43:10 | 329 | 0:25:46 | 247 | 1:22:26 | 271 |
| 246 | 391 | Sobiech | Timm | Tri Team Königslutter | 30 | Sen3 - TM50 | 0:13:21 | 176 | 0:42:49 | 314 | 0:26:17 | 281 | 1:22:26 | 272 |
| 247 | 360 | Langemann | Jakob | Wolfsburg | 31 | Sen3 - TM50 | 0:14:03 | 230 | 0:00:00 | -- | 0:00:00 | -- | 1:22:31 | 274 |
| 248 | 496 | Heuneke | Bernd | MTV Isenbüttel | 50 | Sen2 - TM45 | 0:16:39 | 399 | 0:39:38 | 185 | 0:26:18 | 283 | 1:22:35 | 276 |
| 249 | 356 | Gundel | Dieter | Groß Oesingen | 32 | Sen3 - TM50 | 0:15:15 | 309 | 0:41:06 | 249 | 0:26:14 | 278 | 1:22:36 | 277 |
| 250 | 455 | Sieber | Ralph | Intro Wolfsburg | 51 | Sen2 - TM45 | 0:16:33 | 397 | 0:41:44 | 271 | 0:24:29 | 188 | 1:22:45 | 280 |
| 251 | 385 | Lehmann | Harald | Velpke | 33 | Sen3 - TM50 | 0:17:17 | 426 | 0:41:49 | 277 | 0:23:40 | 154 | 1:22:46 | 281 |
| 252 | 597 | Laeseke | Marco | Laufftreff Isenhagener Lar | 32 | AK4 - TM35 | 0:13:05 | 159 | 0:41:47 | 275 | 0:27:55 | 356 | 1:22:47 | 282 |
| 253 | 060 | Schönwiese | Andre | Team ERDINGER Alkohc | 39 | Sen1 - TM40 | 0:13:53 | 216 | 0:00:00 | -- | 0:00:00 | -- | 1:22:49 | 283 |
| 254 | 583 | Neuwirt | Eugen | VfB Fallersleben | 33 | AK4 - TM35 | 0:14:38 | 271 | 0:43:20 | 335 | 0:24:52 | 209 | 1:22:49 | 284 |
| 255 | 561 | Schulze | Ronny | Diesdorfer SIX-PACK | 40 | Sen1 - TM40 | 0:15:56 | 361 | 0:41:26 | 260 | 0:25:28 | 234 | 1:22:50 | 285 |
| 256 | 491 | Betker | Andreas | Biathlon Allerbüttel | 52 | Sen2 - TM45 | 0:16:12 | 374 | 0:42:14 | 290 | 0:24:25 | 186 | 1:22:51 | 286 |
| 257 | 671 | Nachtigall | Jonas | Spartak Dannenbüttel | 27 | AK2 - TM25 | 0:14:30 | 263 | 0:43:34 | 345 | 0:24:48 | 206 | 1:22:52 | 287 |
| 258 | 421 | Illies | Henning | VfL Rötgesbüttel | 53 | Sen2 - TM45 | 0:16:03 | 366 | 0:41:06 | 246 | 0:26:02 | 264 | 1:23:10 | 289 |
| 259 | 584 | Rusch | Marcus | Rühren | 34 | AK4 - TM35 | 0:14:58 | 289 | 0:40:45 | 233 | 0:27:47 | 351 | 1:23:30 | 291 |
| 260 | 347 | Lamottke | Martin | Hildesheim | 34 | Sen3 - TM50 | 0:13:30 | 187 | 0:44:33 | 378 | 0:25:47 | 248 | 1:23:50 | 298 |
| 261 | 352 | Bachmann | Peter | VfL Wolfsburg | 35 | Sen3 - TM50 | 0:13:36 | 196 | 0:43:01 | 322 | 0:27:19 | 328 | 1:23:55 | 299 |
| 262 | 622 | Cacho Alonso | Juan Carlos | Herborn | 29 | AK3 - TM30 | 0:15:13 | 307 | 0:42:41 | 304 | 0:26:01 | 263 | 1:23:55 | 300 |
| 263 | 570 | Lange | Gregor | Langee.de | 35 | AK4 - TM35 | 0:15:44 | 350 | 0:43:21 | 337 | 0:24:51 | 208 | 1:23:56 | 301 |
| 264 | 545 | Orzol | Sven | Ummern | 41 | Sen1 - TM40 | 0:16:13 | 377 | 0:44:05 | 361 | 0:23:40 | 153 | 1:23:58 | 302 |
| 265 | 358 | Koch | Heinz-Jürgen | Rühener Mäuse | 36 | Sen3 - TM50 | 0:15:00 | 291 | 0:42:07 | 286 | 0:26:52 | 311 | 1:24:00 | 303 |
| 266 | 568 | Hill | Oliver | Tri hard | 36 | AK4 - TM35 | 0:16:57 | 411 | 0:40:41 | 229 | 0:26:23 | 284 | 1:24:01 | 304 |
| 267 | 512 | Köhler | Hinrich | SV Volkse/Dalldorf | 42 | Sen1 - TM40 | 0:15:39 | 340 | 0:41:09 | 251 | 0:27:16 | 327 | 1:24:04 | 305 |
| 268 | 668 | Tappe | Tilman | Tri-Fun-Ag | 28 | AK2 - TM25 | 0:09:51 | 9 | 0:47:28 | 437 | 0:26:53 | 312 | 1:24:12 | 306 |
| 269 | 321 | Monien | HEINZ-Werner | Tri Team Königslutter | 13 | Sen4 - TM55 | 0:18:09 | 458 | 0:40:16 | 205 | 0:25:52 | 252 | 1:24:18 | 307 |
| 270 | 376 | Platzer | Wilfried | Hannover | 37 | Sen3 - TM50 | 0:00:00 | -- | 0:00:00 | -- | 0:26:09 | 270 | 1:24:24 | 310 |
| 271 | 547 | Plankemann | Kai | Barwedel | 43 | Sen1 - TM40 | 0:15:45 | 351 | 0:44:30 | 376 | 0:24:10 | 179 | 1:24:24 | 311 |
| 272 | 070 | Ullrich | Sven | Team ERDINGER Alkohc | 37 | AK4 - TM35 | 0:13:40 | 201 | 0:42:56 | 318 | 0:27:50 | 355 | 1:24:26 | 313 |
| 273 | 401 | Hanisch | Friedrich | Meinersen | 38 | Sen3 - TM50 | 0:12:54 | 148 | 0:43:24 | 340 | 0:28:11 | 361 | 1:24:29 | 314 |
| 274 | 362 | Nehrig | Michael | KS Sportsworld | 39 | Sen3 - TM50 | 0:15:03 | 296 | 0:42:43 | 307 | 0:26:46 | 308 | 1:24:32 | 315 |
| 275 | 349 | Seeger | Dieter | Wolfsburg | 40 | Sen3 - TM50 | 0:12:03 | 95 | 0:41:59 | 281 | 0:30:31 | 430 | 1:24:33 | 316 |
| 276 | 553 | Haritz | Ingo | Wolfsburg | 44 | Sen1 - TM40 | 0:15:50 | 355 | 0:42:31 | 299 | 0:26:12 | 276 | 1:24:33 | 317 |
| 277 | 557 | Schulz | Andreas | ARC Wolfsburg | 45 | Sen1 - TM40 | 0:15:41 | 345 | 0:41:06 | 248 | 0:27:48 | 354 | 1:24:35 | 318 |
| 278 | 398 | Gerlach | Detlef | VfB Fallersleben | 41 | Sen3 - TM50 | 0:14:15 | 248 | 0:42:10 | 287 | 0:28:17 | 365 | 1:24:42 | 319 |
| 279 | 322 | Sprey | Ulrich | Wolfsburg | 14 | Sen4 - TM55 | 0:17:06 | 415 | 0:40:49 | 236 | 0:27:04 | 321 | 1:24:59 | 321 |
| 280 | 682 | Lacher | Maik | Wolfsburg | 23 | AK1 - TM20 | 0:17:10 | 420 | 0:39:50 | 189 | 0:28:00 | 358 | 1:25:01 | 322 |
| 281 | 046 | Krüger | Philipp | Ribbesbüttel | 24 | AK1 - TM20 | 0:18:15 | 462 | 0:40:24 | 213 | 0:26:27 | 291 | 1:25:05 | 324 |
| 282 | 648 | Naujoks | Sven | Tri hard | 29 | AK2 - TM25 | 0:17:37 | 440 | 0:40:58 | 243 | 0:26:38 | 300 | 1:25:13 | 327 |
| 283 | 484 | Lichter | Raphael | Braunschweig | 54 | Sen2 - TM45 | 0:13:27 | 182 | 0:41:29 | 264 | 0:30:20 | 424 | 1:25:16 | 328 |
| 284 | 551 | Finger | Matthias | SV Lengede | 46 | Sen1 - TM40 | 0:15:51 | 357 | 0:40:20 | 208 | 0:29:07 | 389 | 1:25:19 | 329 |
| 285 | 387 | Richter | Wolfgang | TVE Algermissen | 42 | Sen3 - TM50 | 0:17:39 | 443 | 0:42:24 | 295 | 0:25:21 | 227 | 1:25:24 | 331 |
| 286 | 453 | Schoene | Hartmut | Diesdorfer SIX-PACK | 55 | Sen2 - TM45 | 0:16:20 | 386 | 0:43:12 | 330 | 0:25:52 | 253 | 1:25:25 | 332 |
| 287 | 528 | Fahr | Thorsten | Gifhorn | 47 | Sen1 - TM40 | 0:17:31 | 433 | 0:43:33 | 344 | 0:24:23 | 185 | 1:25:26 | 333 |
| 288 | 641 | Matschewski | Fabian | Groß Sisbeck | 30 | AK2 - TM25 | 0:15:51 | 356 | 0:44:16 | 365 | 0:25:20 | 225 | 1:25:27 | 334 |
| 289 | 435 | Stumpe | Dirk | MTV Jahn Schladen | 56 | Sen2 - TM45 | 0:15:42 | 346 | 0:44:20 | 368 | 0:25:27 | 233 | 1:25:29 | 335 |
| 290 | 675 | Klemer | Eugen | Gifhorn | 25 | AK1 - TM20 | 0:15:58 | 365 | 0:42:33 | 300 | 0:27:02 | 318 | 1:25:34 | 337 |
| 291 | 672 | Fink | Daniel | Wolfsburg | 26 | AK1 - TM20 | 0:14:41 | 274 | 0:43:17 | 334 | 0:27:37 | 342 | 1:25:35 | 338 |
| 292 | 544 | Mittelstädt | Frank | Triathlon-Treff Sassenbur | 48 | Sen1 - TM40 | 0:18:10 | 459 | 0:41:11 | 253 | 0:26:15 | 279 | 1:25:35 | 339 |
| 293 | 338 | Meyer | Uwe | Laufftreff Isenhagener Lar | 15 | Sen4 - TM55 | 0:19:05 | 482 | 0:42:51 | 316 | 0:23:48 | 163 | 1:25:43 | 341 |
| 294 | 326 | Scharfenberg | Hans-Dieter | Wernesgrüner Buben | 16 | Sen4 - TM55 | 0:17:11 | 421 | 0:42:43 | 308 | 0:25:55 | 258 | 1:25:49 | 344 |
| 295 | 662 | Grziwotz | Daniel | Werlaburgdorf | 31 | AK2 - TM25 | 0:15:57 | 362 | 0:44:36 | 381 | 0:25:22 | 228 | 1:25:54 | 345 |
| 296 | 473 | Kriegshammer | Jens | SSV Neuhaus Triathlon | 57 | Sen2 - TM45 | 0:18:33 | 469 | 0:40:43 | 232 | 0:26:40 | 303 | 1:25:56 | 346 |
| 297 | 332 | Böckermann | Thomas | VfL Wolfsburg | 17 | Sen4 - TM55 | 0:15:37 | 339 | 0:40:57 | 240 | 0:29:26 | 401 | 1:26:00 | 347 |
| 298 | 324 | Strecker | Klaus | MTV Vorsfelde | 18 | Sen4 - TM55 | 0:15:39 | 342 | 0:43:58 | 358 | 0:26:23 | 285 | 1:26:01 | 348 |
| 299 | 634 | Walde | Michael | Hanover | 30 | AK3 - TM30 | 0:18:08 | 455 | 0:40:29 | 215 | 0:27:24 | 331 | 1:26:01 | 349 |
| 300 | 542 | Varchmin | Thomas | SSV Neuhaus Triathlon | 49 | Sen1 - TM40 | 0:14:57 | 288 | 0:43:02 | 324 | 0:28:03 | 359 | 1:26:02 | 350 |
| 301 | 301 | Borkenhagen | Moritz | Trio | 2 | JugA - TM16 | 0:18:19 | 463 | 0:43:13 | 332 | 0:24:32 | 194 | 1:26:03 | 351 |
| 302 | 378 | Brecht | Ulrich | Salzgitter | 43 | Sen3 - TM50 | 0:17:54 | 449 | 0:45:10 | 398 | 0:23:08 | 128 | 1:26:13 | 352 |
| 303 | 587 | Wieczorek | Marco | Salzgitter | 38 | AK4 - TM35 | 0:15:40 | 343 | 0:46:05 | 418 | 0:24:30 | 190 | 1:26:14 | 353 |
| 304 | 621 | Brunken | Christoph | Meine | 31 | AK3 - TM30 | 0:17:53 | 447 | 0:40:37 | 227 | 0:27:46 | 350 | 1:26:16 | 354 |
| 305 | 429 | Preikschas | Olaf | SV Teutonia Groß Lafferc | 58 | Sen2 - TM45 | 0:15:03 | 295 | 0:44:37 | 382 | 0:26:42 | 304 | 1:26:21 | 355 |

| | | | | | | | | | | | | | |
|---------|---------------|----------------|-----------------------------|----|-------------|---------|-----|---------|-----|---------|-----|---------|-----|
| 306 471 | Kaffka | Jürgen | VfL Kaffka | 59 | Sen2 - TM45 | 0:13:48 | 210 | 0:40:05 | 201 | 0:32:30 | 456 | 1:26:24 | 356 |
| 307 416 | Bieritz | Randolf | Bad Nenndorf | 60 | Sen2 - TM45 | 0:16:41 | 400 | 0:43:20 | 336 | 0:26:25 | 290 | 1:26:26 | 357 |
| 308 088 | Molzahn | Andreas | SportTRENDE Triathlonlea | 50 | Sen1 - TM40 | 0:12:18 | 108 | 0:00:00 | -- | 0:00:00 | -- | 1:26:27 | 358 |
| 309 330 | Wegner | Hartmut | Gifhorn | 19 | Sen4 - TM55 | 0:18:43 | 477 | 0:00:00 | -- | 0:00:00 | -- | 1:26:41 | 360 |
| 310 539 | Schwandt | Dirk | MTV Jahn Schladen | 51 | Sen1 - TM40 | 0:13:47 | 207 | 0:44:56 | 394 | 0:28:05 | 360 | 1:26:49 | 362 |
| 311 039 | Mutze | Bruno | Team ERDINGER Alkohc | 20 | Sen4 - TM55 | 0:16:10 | 371 | 0:43:00 | 321 | 0:27:44 | 349 | 1:26:55 | 364 |
| 312 315 | Bretschneider | Lutz | SV Germania Helmstedt | 1 | Sen6 - TM65 | 0:17:21 | 427 | 0:42:04 | 284 | 0:27:33 | 340 | 1:26:58 | 366 |
| 313 661 | Ullrich | Tim | Wolfsburg | 32 | AK2 - TM25 | 0:13:48 | 208 | 0:45:48 | 415 | 0:27:27 | 334 | 1:27:03 | 367 |
| 314 098 | Petersen | Dirk | Tri Speedys Peine | 61 | Sen2 - TM45 | 0:14:35 | 268 | 0:45:09 | 397 | 0:27:24 | 330 | 1:27:08 | 369 |
| 315 535 | Petersen | Dirk | Tri-Woelfe | 52 | Sen1 - TM40 | 0:15:32 | 336 | 0:43:43 | 348 | 0:27:56 | 357 | 1:27:12 | 370 |
| 316 307 | Ramme | Lennart | Gifhorn | 8 | Jun - TM18 | 0:15:35 | 337 | 0:45:08 | 396 | 0:26:38 | 301 | 1:27:21 | 371 |
| 317 016 | Morgenthal | David | Tri Michels Hamburg | 33 | AK2 - TM25 | 0:13:54 | 221 | 0:44:07 | 362 | 0:29:22 | 399 | 1:27:23 | 372 |
| 318 392 | Wagner | Rolf | Ribbesbüttel | 44 | Sen3 - TM50 | 0:16:42 | 401 | 0:41:02 | 244 | 0:29:44 | 410 | 1:27:28 | 373 |
| 319 616 | Stock | Jan | Danndorf | 32 | AK3 - TM30 | 0:17:55 | 450 | 0:42:00 | 283 | 0:27:48 | 353 | 1:27:43 | 377 |
| 320 450 | Roß | Heiko | ATS Cuxhaven | 62 | Sen2 - TM45 | 0:14:32 | 265 | 0:42:45 | 310 | 0:30:29 | 428 | 1:27:45 | 378 |
| 321 653 | Franz | Stefan | Mamaster ftw | 34 | AK2 - TM25 | 0:17:34 | 438 | 0:44:19 | 367 | 0:25:56 | 259 | 1:27:49 | 379 |
| 322 508 | Baldt | Andreas | MTV Vorsfelde | 53 | Sen1 - TM40 | 0:15:54 | 360 | 0:41:31 | 267 | 0:30:24 | 426 | 1:27:50 | 380 |
| 323 627 | Malcherczyk | Sebastian Seve | Wolfsburg | 33 | AK3 - TM30 | 0:16:45 | 402 | 0:43:54 | 356 | 0:27:11 | 322 | 1:27:50 | 381 |
| 324 673 | Harms | Daniel | VfR Wilsche/Neubokel | 27 | AK1 - TM20 | 0:17:05 | 414 | 0:45:35 | 410 | 0:25:14 | 219 | 1:27:53 | 382 |
| 325 346 | Kracht | Bernd | Göttingen | 45 | Sen3 - TM50 | 0:14:41 | 275 | 0:44:21 | 370 | 0:28:59 | 382 | 1:28:00 | 383 |
| 326 325 | Müller | Hans-Georg | Mamaster ftw | 21 | Sen4 - TM55 | 0:17:59 | 451 | 0:44:16 | 366 | 0:25:50 | 249 | 1:28:04 | 385 |
| 327 428 | Pfennig | Jens | Wolfsburg | 63 | Sen2 - TM45 | 0:20:00 | 490 | 0:42:12 | 289 | 0:26:08 | 268 | 1:28:20 | 388 |
| 328 426 | Mende | Dirk | MTV Isenbüttel | 64 | Sen2 - TM45 | 0:14:43 | 277 | 0:45:16 | 400 | 0:28:23 | 370 | 1:28:22 | 389 |
| 329 344 | Elsner | Christian | Intro Wolfsburg | 46 | Sen3 - TM50 | 0:19:28 | 483 | 0:43:01 | 323 | 0:25:53 | 255 | 1:28:23 | 390 |
| 330 407 | Ranft | Steffen | Sassenburg | 47 | Sen3 - TM50 | 0:17:46 | 445 | 0:44:28 | 375 | 0:26:09 | 272 | 1:28:24 | 391 |
| 331 323 | Wilczewski | Gerd | VfL Wolfsburg | 22 | Sen4 - TM55 | 0:17:49 | 446 | 0:41:46 | 273 | 0:28:55 | 381 | 1:28:30 | 392 |
| 332 580 | Förster | Henning | Groß Süstedt | 39 | AK4 - TM35 | 0:13:55 | 222 | 0:43:56 | 357 | 0:30:45 | 436 | 1:28:37 | 394 |
| 333 498 | Lamek | Claus | Parsau | 65 | Sen2 - TM45 | 0:15:10 | 303 | 0:42:46 | 312 | 0:30:51 | 439 | 1:28:48 | 397 |
| 334 343 | Drosdz | Jürgen | Triathlon-Treff Sassenbur | 48 | Sen3 - TM50 | 0:16:49 | 405 | 0:43:00 | 320 | 0:29:15 | 393 | 1:29:04 | 402 |
| 335 386 | Lux | Hubert | SV Flechtorf | 49 | Sen3 - TM50 | 0:17:13 | 423 | 0:00:00 | -- | 0:00:00 | -- | 1:29:05 | 403 |
| 336 357 | Klingemann | Horst | SV Altencelle | 50 | Sen3 - TM50 | 0:15:52 | 358 | 0:42:44 | 309 | 0:30:43 | 434 | 1:29:19 | 404 |
| 337 395 | Wienhold | Frank | Wolfsburg | 51 | Sen3 - TM50 | 0:16:19 | 382 | 0:44:56 | 393 | 0:28:43 | 377 | 1:29:58 | 407 |
| 338 457 | Zieser | Thomas | Faster than turtles | 66 | Sen2 - TM45 | 0:16:27 | 393 | 0:43:51 | 355 | 0:29:41 | 408 | 1:29:59 | 409 |
| 339 469 | Hentrich | Olaf | Team Heiße Platte Lange | 67 | Sen2 - TM45 | 0:17:12 | 422 | 0:45:24 | 405 | 0:27:33 | 339 | 1:30:09 | 412 |
| 340 530 | Greite | Thorsten | Wolfsburg | 54 | Sen1 - TM40 | 0:15:46 | 352 | 0:44:40 | 386 | 0:30:01 | 417 | 1:30:27 | 416 |
| 341 495 | Hemp | Ingo | Team ERDINGER Alkohc | 68 | Sen2 - TM45 | 0:18:51 | 479 | 0:42:36 | 301 | 0:29:03 | 386 | 1:30:30 | 417 |
| 342 345 | Harder | Matthias | VfB Fallersleben | 52 | Sen3 - TM50 | 0:17:25 | 429 | 0:46:14 | 420 | 0:26:58 | 315 | 1:30:37 | 418 |
| 343 504 | Rinkel | Bernd | Hack und Wurst Rinkel | 69 | Sen2 - TM45 | 0:16:50 | 406 | 0:46:59 | 432 | 0:26:55 | 314 | 1:30:45 | 420 |
| 344 503 | Polzin | Thomas | Diesdorfer SIX-PACK | 70 | Sen2 - TM45 | 0:18:08 | 454 | 0:43:06 | 326 | 0:29:34 | 404 | 1:30:47 | 421 |
| 345 612 | Dargel | Steffen | Gifhorn | 34 | AK3 - TM30 | 0:13:54 | 220 | 0:44:48 | 390 | 0:32:09 | 452 | 1:30:51 | 422 |
| 346 313 | Koenig | Gerhard | Triathlon-Treff Sassenbur | 2 | Sen6 - TM65 | 0:20:41 | 499 | 0:43:07 | 328 | 0:27:14 | 325 | 1:31:02 | 423 |
| 347 575 | Rothenstein | Roland | Hannover | 40 | AK4 - TM35 | 0:14:04 | 231 | 0:48:02 | 443 | 0:29:04 | 387 | 1:31:09 | 425 |
| 348 481 | Gaumert | Christoph | LSV-Tri-Team Wolfenbütt | 71 | Sen2 - TM45 | 0:15:20 | 317 | 0:46:38 | 427 | 0:29:19 | 394 | 1:31:17 | 427 |
| 349 306 | Meinecke | Lukas | Gifhorn | 9 | Jun - TM18 | 0:16:05 | 367 | 0:48:39 | 450 | 0:26:35 | 296 | 1:31:18 | 428 |
| 350 589 | Effe | Simon | Rühen | 41 | AK4 - TM35 | 0:14:48 | 281 | 0:52:07 | 474 | 0:24:41 | 201 | 1:31:36 | 430 |
| 351 516 | Rademacher | Arne | VfR Wilsche/Neubokel | 55 | Sen1 - TM40 | 0:15:17 | 313 | 0:47:11 | 434 | 0:29:14 | 390 | 1:31:42 | 431 |
| 352 586 | Selle | Peter | Hamburg | 42 | AK4 - TM35 | 0:17:32 | 434 | 0:44:32 | 377 | 0:29:48 | 411 | 1:31:52 | 434 |
| 353 591 | Jencquel | Jochen | Egg liqueur kings | 43 | AK4 - TM35 | 0:15:04 | 297 | 0:49:33 | 457 | 0:27:29 | 337 | 1:32:06 | 436 |
| 354 317 | Nachtigal | Rolf | Ultra Lauf- und Triathlontr | 3 | Sen5 - TM60 | 0:20:32 | 496 | 0:42:19 | 293 | 0:29:15 | 392 | 1:32:07 | 437 |
| 355 490 | Zimmermann | Meik | Velpker SV | 72 | Sen2 - TM45 | 0:20:05 | 491 | 0:44:22 | 372 | 0:27:43 | 347 | 1:32:10 | 438 |
| 356 057 | Fungk | Harald | Tri-Woelfe | 53 | Sen3 - TM50 | 0:18:32 | 467 | 0:46:06 | 419 | 0:27:43 | 348 | 1:32:21 | 439 |
| 357 447 | Maurer | Matthias | TUS Seershausen/Ohof | 73 | Sen2 - TM45 | 0:17:41 | 444 | 0:45:23 | 404 | 0:29:20 | 395 | 1:32:23 | 440 |
| 358 474 | Mayer | Jörg | Leiferde | 74 | Sen2 - TM45 | 0:16:19 | 384 | 0:46:14 | 421 | 0:29:52 | 412 | 1:32:25 | 442 |
| 359 420 | Heinrich | Stefan | Braunschweig | 75 | Sen2 - TM45 | 0:14:17 | 250 | 0:48:50 | 454 | 0:29:20 | 397 | 1:32:27 | 443 |
| 360 441 | Heise | Bernd | TSV Meine | 76 | Sen2 - TM45 | 0:15:48 | 354 | 0:48:36 | 449 | 0:28:20 | 368 | 1:32:44 | 444 |
| 361 302 | D'Andrea | Robin | VfL Wolfsburg | 3 | JugA - TM16 | 0:13:18 | 172 | 0:48:26 | 447 | 0:31:25 | 449 | 1:33:09 | 446 |
| 362 663 | Gundel | Patrick | Gifhorn | 35 | AK2 - TM25 | 0:00:00 | -- | 0:00:00 | -- | 0:00:00 | -- | 1:33:20 | 448 |
| 363 678 | Zwengel | Julian | Wolfsburg | 28 | AK1 - TM20 | 0:20:08 | 492 | 0:43:30 | 343 | 0:29:42 | 409 | 1:33:20 | 449 |
| 364 688 | Koch | Matthias | Rühener Mäuse | 29 | AK1 - TM20 | 0:17:35 | 439 | 0:45:22 | 403 | 0:30:43 | 433 | 1:33:40 | 451 |
| 365 365 | Viereck | Wolfgang | MTV Isenbüttel | 54 | Sen3 - TM50 | 0:14:33 | 267 | 0:45:17 | 401 | 0:34:13 | 468 | 1:34:03 | 452 |
| 366 418 | Ehlers | Bernd | Wolfsburg | 77 | Sen2 - TM45 | 0:23:07 | 505 | 0:43:51 | 354 | 0:27:14 | 326 | 1:34:12 | 455 |
| 367 546 | Otte | Thorsten | Rühren | 56 | Sen1 - TM40 | 0:16:30 | 395 | 0:47:01 | 433 | 0:30:52 | 440 | 1:34:23 | 456 |
| 368 477 | Spitzer | Christian | Leiferde | 78 | Sen2 - TM45 | 0:14:07 | 236 | 0:45:54 | 416 | 0:34:28 | 471 | 1:34:29 | 457 |
| 369 348 | Martin | Michael | Gifhorn | 55 | Sen3 - TM50 | 0:17:32 | 435 | 0:44:53 | 391 | 0:32:11 | 454 | 1:34:36 | 459 |
| 370 476 | Sonntag | Bernd | Barwedel | 79 | Sen2 - TM45 | 0:19:33 | 486 | 0:44:13 | 364 | 0:30:51 | 438 | 1:34:38 | 460 |
| 371 361 | Maschwitz | Michael | Lindner SV Wolfenbüttel | 56 | Sen3 - TM50 | 0:20:35 | 497 | 0:45:33 | 408 | 0:28:45 | 379 | 1:34:54 | 464 |
| 372 665 | Lausch | Markus | Mamaster ftw | 36 | AK2 - TM25 | 0:17:33 | 436 | 0:48:15 | 444 | 0:29:37 | 406 | 1:35:26 | 467 |
| 373 552 | Goltz | Markus | DLRG OG Wolfsburg | 57 | Sen1 - TM40 | 0:15:36 | 338 | 0:51:31 | 471 | 0:28:22 | 369 | 1:35:29 | 468 |
| 374 311 | Kub | Uve | VfL Wittingen | 1 | Sen7 - TM70 | 0:19:48 | 488 | 0:46:35 | 426 | 0:29:15 | 391 | 1:35:37 | 469 |
| 375 581 | Holze | Helge | Calberlah | 44 | AK4 - TM35 | 0:17:38 | 442 | 0:45:20 | 402 | 0:32:47 | 458 | 1:35:46 | 470 |
| 376 579 | Clausen | Stefan | Isenbüttel | 45 | AK4 - TM35 | 0:15:31 | 332 | 0:48:41 | 451 | 0:32:10 | 453 | 1:36:22 | 471 |
| 377 452 | Schieder | Thomas | Isenbüttel | 80 | Sen2 - TM45 | 0:18:31 | 466 | 0:44:04 | 360 | 0:34:06 | 465 | 1:36:41 | 472 |
| 378 393 | Wedekind | Axel | Faster than turtles | 57 | Sen3 - TM50 | 0:18:52 | 480 | 0:42:57 | 319 | 0:35:02 | 475 | 1:36:52 | 474 |
| 379 339 | Sobotta | Frank | Wien | 23 | Sen4 - TM55 | 0:18:09 | 457 | 0:49:40 | 459 | 0:29:20 | 396 | 1:37:09 | 476 |
| 380 328 | Steinmetz | Christian | Osloß | 24 | Sen4 - TM55 | 0:17:22 | 428 | 0:47:44 | 441 | 0:32:03 | 451 | 1:37:09 | 478 |
| 381 396 | Brenner | Lutz | Isenbüttel | 58 | Sen3 - TM50 | 0:18:56 | 481 | 0:49:26 | 456 | 0:29:02 | 385 | 1:37:24 | 479 |
| 382 666 | Nebelsiek | Marvin | Salzgitter | 37 | AK2 - TM25 | 0:19:32 | 484 | 0:48:50 | 453 | 0:29:22 | 398 | 1:37:43 | 480 |

| | | | | | | | | | | | | | | |
|-----|-----|---------------|-------------|--------------------------|----|-------------|---------|-----|---------|-----|---------|-----|----------|-----|
| 383 | 408 | Rendchen | Christian | Team Wasserbüffel | 59 | Sen3 - TM50 | 0:23:30 | 507 | 0:44:03 | 359 | 0:30:25 | 427 | 1:37:58 | 482 |
| 384 | 686 | Schmidt | Daniel | Hannover | 30 | AK1 - TM20 | 0:00:00 | -- | 0:00:00 | -- | 0:30:46 | 437 | 1:38:38 | 485 |
| 385 | 333 | Decker | Ralf | Roklum | 25 | Sen4 - TM55 | 0:19:58 | 489 | 0:44:43 | 388 | 0:34:12 | 467 | 1:38:52 | 486 |
| 386 | 308 | Neugebauer | Peter | TG DDD HANNOVER | 2 | Sen7 - TM70 | 0:18:37 | 473 | 0:47:14 | 436 | 0:33:21 | 460 | 1:39:13 | 488 |
| 387 | 422 | Jung | Martin | Wolfsburg | 81 | Sen2 - TM45 | 0:21:32 | 502 | 0:00:00 | -- | 0:00:00 | -- | 1:41:11 | 493 |
| 388 | 312 | Dierks | Herbert | Tus Celle 92 | 3 | Sen6 - TM65 | 0:23:05 | 503 | 0:44:37 | 384 | 0:33:48 | 463 | 1:41:31 | 495 |
| 389 | 611 | Brandes | Kai | Königslutter | 35 | AK3 - TM30 | 0:18:32 | 468 | 0:47:33 | 439 | 0:35:50 | 478 | 1:41:55 | 497 |
| 390 | 310 | von Speßhardt | Henning | Celle | 3 | Sen7 - TM70 | 0:21:09 | 501 | 0:46:31 | 424 | 0:34:24 | 470 | 1:42:04 | 498 |
| 391 | 467 | Möhrmann | Martin | Jembke | 58 | Sen1 - TM40 | 0:17:54 | 448 | 0:49:59 | 462 | 0:34:13 | 469 | 1:42:05 | 499 |
| 392 | 440 | Heine | Hans-Walter | Wurzelpeterfreunde Grafr | 82 | Sen2 - TM45 | 0:26:57 | 508 | 0:53:07 | 477 | 0:31:17 | 446 | 1:51:21 | 514 |
| 393 | 548 | Rosner | Ulf | Gifhorn | 59 | Sen1 - TM40 | 0:00:00 | -- | 0:00:00 | -- | 0:00:00 | -- | 1:52:52 | 515 |
| 394 | 331 | Bachmann | Harald | VfL Wolfsburg | 26 | Sen4 - TM55 | 0:23:23 | 506 | 0:56:09 | 481 | 0:38:58 | 486 | 1:58:29 | 516 |
| 395 | 309 | Stadolka | Peter | Haldensleben | 4 | Sen7 - TM70 | 0:23:07 | 504 | 0:49:43 | 460 | 0:47:02 | 488 | 1:59:51 | 518 |
| -- | 669 | Flormann | Maximilian | TU Braunschweig | -- | AK2 - TM25 | 0:14:21 | 256 | 0:00:00 | -- | 0:00:00 | -- | --:--:-- | -- |
| -- | 636 | Mundlos | Stefan | Tecis | -- | AK3 - TM30 | 0:15:57 | 363 | 0:00:00 | -- | 0:00:00 | -- | --:--:-- | -- |
| -- | 409 | Scholz | Thomas | Weddel | -- | Sen3 - TM50 | 0:16:05 | 368 | 0:00:00 | -- | 0:00:00 | -- | --:--:-- | -- |

Ergebnisse Tankumsee Triathlon 2013 - 600m 20km 5km Frauen

| Platz | Start-Name | Vorname | Verein | AK | Schwim | Rad | Lauf | Ziel | | | | | | |
|-------|------------|------------------|------------|-------------------------|--------|-------------|---------|------|---------|-----|---------|-----|---------|-----|
| 1 | 102 | Freiwald | Grit | VfL Wolfsburg | 1 | AK3 - TW30 | 0:10:50 | 28 | 0:37:42 | 121 | 0:21:00 | 33 | 1:09:32 | 54 |
| 2 | 101 | Wendland | Elisabeth | Triathlon Team Braunsch | 1 | AK1 - TW20 | 0:10:51 | 31 | 0:35:25 | 48 | 0:24:36 | 196 | 1:10:51 | 69 |
| 3 | 105 | Föh | Marie-Joan | VfL Wolfsburg | 1 | AK4 - TW35 | 0:00:00 | -- | 0:00:00 | -- | 0:22:50 | 109 | 1:11:27 | 78 |
| 4 | 104 | Manssen | Andrea | VfB Fallersleben | 2 | AK3 - TW30 | 0:13:59 | 226 | 0:36:19 | 69 | 0:21:11 | 40 | 1:11:30 | 81 |
| 5 | 119 | Gutberlet | Meike | TUS Bodenteich | 1 | Sen3 - TW50 | 0:11:27 | 64 | 0:38:00 | 130 | 0:23:12 | 130 | 1:12:39 | 95 |
| 6 | 108 | Possiel | Jessica | VfL Wolfsburg | 1 | AK2 - TW25 | 0:13:49 | 212 | 0:36:29 | 75 | 0:22:34 | 96 | 1:12:51 | 98 |
| 7 | 131 | Raczynski | Daniela | Trilizards | 3 | AK3 - TW30 | 0:12:08 | 99 | 0:38:15 | 140 | 0:23:17 | 134 | 1:13:40 | 117 |
| 8 | 103 | Deileke | Anna | VfL Wolfsburg | 4 | AK3 - TW30 | 0:12:02 | 94 | 0:37:15 | 103 | 0:25:03 | 216 | 1:14:21 | 129 |
| 9 | 224 | Sachse | Evelyn | Braintec | 1 | Sen1 - TW40 | 0:13:01 | 157 | 0:36:52 | 84 | 0:24:48 | 205 | 1:14:41 | 135 |
| 10 | 246 | Stark | Katharina | VfL Wolfsburg | 2 | AK1 - TW20 | 0:14:16 | 249 | 0:40:30 | 216 | 0:21:02 | 35 | 1:15:49 | 156 |
| 11 | 192 | Becker | Karin | VfB Fallersleben | 1 | Sen2 - TW45 | 0:13:53 | 218 | 0:37:32 | 113 | 0:24:29 | 189 | 1:15:54 | 160 |
| 12 | 121 | Scharke | Simone | VfL Wolfsburg | 2 | Sen3 - TW50 | 0:14:19 | 251 | 0:38:59 | 161 | 0:22:37 | 100 | 1:15:55 | 161 |
| 13 | 217 | von dem Knesebec | Christiane | Göttingen | 2 | Sen1 - TW40 | 0:13:03 | 158 | 0:39:51 | 192 | 0:23:58 | 169 | 1:16:53 | 175 |
| 14 | 117 | Struck | Sieglinde | VfL Wolfsburg | 2 | Sen2 - TW45 | 0:13:51 | 214 | 0:39:17 | 173 | 0:24:57 | 211 | 1:18:05 | 197 |
| 15 | 114 | Kelsch | Martina | Fallersleben | 3 | Sen2 - TW45 | 0:13:07 | 162 | 0:39:27 | 179 | 0:25:38 | 239 | 1:18:12 | 202 |
| 16 | 145 | Vonnelich | Katrin | Wolfsburg | 5 | AK3 - TW30 | 0:13:34 | 192 | 0:40:07 | 202 | 0:25:02 | 215 | 1:18:43 | 215 |
| 17 | 245 | Nielsen | Anette | Sportclub Hannover eV | 2 | AK4 - TW35 | 0:13:01 | 155 | 0:41:30 | 266 | 0:24:31 | 193 | 1:19:02 | 220 |
| 18 | 149 | Köthke | Theresia | Triathlon Team Braunsch | 2 | AK2 - TW25 | 0:14:50 | 283 | 0:38:10 | 134 | 0:26:33 | 294 | 1:19:33 | 225 |
| 19 | 118 | Weide-Jentsch | Bianca | Spvgg Groß Bülden | 4 | Sen2 - TW45 | 0:14:25 | 260 | 0:42:27 | 296 | 0:22:42 | 103 | 1:19:34 | 226 |
| 20 | 152 | Steinke | Mareike | Erding | 3 | AK2 - TW25 | 0:14:57 | 287 | 0:41:38 | 268 | 0:23:14 | 132 | 1:19:48 | 228 |
| 21 | 142 | Reinicke | Judith | MTV Möckern | 6 | AK3 - TW30 | 0:13:10 | 165 | 0:39:51 | 191 | 0:27:03 | 319 | 1:20:04 | 231 |
| 22 | 109 | Schmidt | Dorothea | VfB Fallersleben | 4 | AK2 - TW25 | 0:11:47 | 84 | 0:41:22 | 257 | 0:27:03 | 320 | 1:20:13 | 235 |
| 23 | 215 | Rath | Anke | TSV Bargteheide TRI | 3 | Sen1 - TW40 | 0:12:24 | 117 | 0:40:23 | 210 | 0:27:39 | 344 | 1:20:26 | 238 |
| 24 | 204 | Ruhm | Pamela | Schwülper | 5 | Sen2 - TW45 | 0:14:11 | 241 | 0:40:18 | 206 | 0:26:42 | 305 | 1:21:10 | 250 |
| 25 | 198 | Grolla | Haike | VfB Fallersleben | 6 | Sen2 - TW45 | 0:14:04 | 232 | 0:42:12 | 288 | 0:25:44 | 244 | 1:21:59 | 264 |
| 26 | 135 | Montag | Beate | SV Germania Helmstedt | 7 | AK3 - TW30 | 0:16:19 | 383 | 0:42:46 | 311 | 0:22:55 | 115 | 1:22:00 | 265 |
| 27 | 218 | Lange | Ulrike | SportTREND Ultralauf-un | 4 | Sen1 - TW40 | 0:12:56 | 151 | 0:42:19 | 292 | 0:27:11 | 323 | 1:22:27 | 273 |
| 28 | 247 | Hepplmann | Hilke | PSV Braunschweig | 3 | AK4 - TW35 | 0:15:28 | 328 | 0:41:25 | 259 | 0:25:40 | 240 | 1:22:33 | 275 |
| 29 | 243 | Arendt | Nicole | WSV 21 e.V. | 4 | AK4 - TW35 | 0:14:05 | 235 | 0:40:54 | 237 | 0:27:39 | 343 | 1:22:38 | 278 |
| 30 | 116 | Wächter | Lisa | VfB Fallersleben | 3 | AK1 - TW20 | 0:15:10 | 302 | 0:41:49 | 276 | 0:25:42 | 242 | 1:22:40 | 279 |
| 31 | 125 | Bremus | Dany | Tri-Team Arminia Vöhrur | 8 | AK3 - TW30 | 0:13:06 | 161 | 0:43:03 | 325 | 0:26:54 | 313 | 1:23:04 | 288 |
| 32 | 248 | Engelhardt | Aline | South Lake Runners TT | 9 | AK3 - TW30 | 0:14:38 | 272 | 0:42:51 | 317 | 0:25:57 | 262 | 1:23:26 | 290 |
| 33 | 180 | Dzioba | Christine | VfB Fallersleben | 3 | Sen3 - TW50 | 0:16:11 | 372 | 0:39:58 | 196 | 0:27:25 | 333 | 1:23:34 | 292 |
| 34 | 151 | Kracht | Sina | Göttingen | 5 | AK2 - TW25 | 0:11:31 | 68 | 0:42:29 | 297 | 0:29:39 | 407 | 1:23:39 | 293 |
| 35 | 230 | D'Andrea | Maggy | VfL Wolfsburg | 5 | AK4 - TW35 | 0:13:06 | 160 | 0:41:59 | 282 | 0:28:35 | 375 | 1:23:40 | 294 |
| 36 | 113 | Jung | Dorothea | VfB Fallersleben | 7 | Sen2 - TW45 | 0:16:48 | 404 | 0:42:47 | 313 | 0:24:08 | 176 | 1:23:44 | 295 |
| 37 | 206 | Schuleit | Isolde | Allerbüttel | 8 | Sen2 - TW45 | 0:13:16 | 170 | 0:40:35 | 224 | 0:29:56 | 414 | 1:23:47 | 296 |
| 38 | 155 | Mletzko | Miriam | VfL Wolfsburg | 4 | AK1 - TW20 | 0:15:18 | 315 | 0:42:22 | 294 | 0:26:09 | 269 | 1:23:49 | 297 |
| 39 | 249 | Meese | Katja | PSV Braunschweig | 10 | AK3 - TW30 | 0:14:14 | 246 | 0:42:42 | 305 | 0:27:25 | 332 | 1:24:21 | 308 |
| 40 | 223 | Meier | Ina | Wittmar | 5 | Sen1 - TW40 | 0:13:24 | 179 | 0:44:20 | 369 | 0:26:37 | 299 | 1:24:22 | 309 |
| 41 | 183 | Teigler | Sabine | Laufftreff Bortfeld | 4 | Sen3 - TW50 | 0:12:53 | 147 | 0:41:09 | 252 | 0:30:23 | 425 | 1:24:24 | 312 |
| 42 | 154 | Schnauß | Michaela | Schwülper | 5 | AK1 - TW20 | 0:15:40 | 344 | 0:41:45 | 272 | 0:27:32 | 338 | 1:24:58 | 320 |
| 43 | 112 | Ehrbar | Katrin | DLRG Bockenem | 6 | Sen1 - TW40 | 0:12:00 | 92 | 0:44:37 | 383 | 0:28:26 | 372 | 1:25:04 | 323 |
| 44 | 213 | Engelbert | Anka | SportTREND Ultralauf-un | 7 | Sen1 - TW40 | 0:15:18 | 314 | 0:43:14 | 333 | 0:26:34 | 295 | 1:25:06 | 325 |
| 45 | 165 | Küster | Johanna | Braunschweig | 6 | AK1 - TW20 | 0:13:09 | 163 | 0:45:28 | 407 | 0:26:32 | 293 | 1:25:09 | 326 |
| 46 | 185 | Bylitz | Anne | Injoy | 5 | Sen3 - TW50 | 0:14:15 | 247 | 0:00:00 | -- | 0:00:00 | -- | 1:25:19 | 330 |
| 47 | 124 | Brandt-Wolpers | Bianca | VfR Wilsche/Neubokel | 11 | AK3 - TW30 | 0:18:39 | 475 | 0:42:38 | 302 | 0:24:14 | 182 | 1:25:31 | 336 |
| 48 | 136 | Rutkowski | Halina | Isenbüttel | 12 | AK3 - TW30 | 0:13:44 | 205 | 0:43:47 | 351 | 0:28:12 | 362 | 1:25:43 | 340 |
| 49 | 106 | Baumgart | Maike | LG Volkersheim | 8 | Sen1 - TW40 | 0:14:24 | 259 | 0:45:06 | 395 | 0:26:18 | 282 | 1:25:48 | 342 |
| 50 | 221 | Eggers | Tina | TSV Hillerse | 9 | Sen1 - TW40 | 0:15:43 | 348 | 0:00:00 | -- | 0:00:00 | -- | 1:25:48 | 343 |
| 51 | 211 | Sacher | Heike | Groß Twülpstedt | 9 | Sen2 - TW45 | 0:15:30 | 331 | 0:43:12 | 331 | 0:27:47 | 352 | 1:26:29 | 359 |
| 52 | 222 | Andersen | Birgit | VfL Wolfsburg | 6 | Sen3 - TW50 | 0:15:39 | 341 | 0:43:25 | 341 | 0:27:39 | 345 | 1:26:44 | 361 |
| 53 | 196 | Nehrig | Marita | KS Sportsworld | 10 | Sen2 - TW45 | 0:15:54 | 359 | 0:40:32 | 219 | 0:30:29 | 429 | 1:26:55 | 363 |
| 54 | 227 | Caesar | Tanja | MTV Isenbüttel | 10 | Sen1 - TW40 | 0:14:37 | 270 | 0:44:38 | 385 | 0:27:41 | 346 | 1:26:56 | 365 |
| 55 | 132 | Günther | Steffi | Braunschweig | 13 | AK3 - TW30 | 0:15:02 | 294 | 0:42:39 | 303 | 0:29:25 | 400 | 1:27:06 | 368 |
| 56 | 234 | Jünger | Alexandra | Intro Wolfsburg | 6 | AK4 - TW35 | 0:16:54 | 407 | 0:44:21 | 371 | 0:26:14 | 277 | 1:27:28 | 374 |
| 57 | 188 | Stolle | Ingrid | SV Germania Helmstedt | 7 | Sen3 - TW50 | 0:16:25 | 391 | 0:43:37 | 347 | 0:27:28 | 336 | 1:27:31 | 375 |
| 58 | 120 | Rode | Wencke | VfL Wolfsburg | 1 | JugA - TW16 | 0:13:39 | 198 | 0:43:50 | 353 | 0:30:14 | 422 | 1:27:42 | 376 |

| | | | | | | | | | | | | | |
|-----|-----|----------------|--------------|----------------------------|----------------|---------|-----|---------|-----|---------|-----|----------|-----|
| 59 | 144 | Schwarz | Michaela | VfL Wolfsburg | 14 AK3 - TW30 | 0:00:00 | -- | 0:00:00 | -- | 0:00:00 | -- | 1:28:03 | 384 |
| 60 | 168 | Müller | Sarah | Team Heiße Platte | 1 Jun - TW18 | 0:16:23 | 389 | 0:00:00 | -- | 0:00:00 | -- | 1:28:15 | 386 |
| 61 | 220 | Wiedenbein | Gilka | Möckern | 11 Sen1 - TW40 | 0:16:57 | 410 | 0:43:06 | 327 | 0:28:14 | 363 | 1:28:17 | 387 |
| 62 | 138 | Zimmermann | Wencke | Hamburg | 15 AK3 - TW30 | 0:12:58 | 152 | 0:46:55 | 430 | 0:28:39 | 376 | 1:28:32 | 393 |
| 63 | 164 | Münch | Jana-Maria | Ruderclub am Salzgitters | 7 AK1 - TW20 | 0:18:34 | 471 | 0:43:23 | 338 | 0:26:43 | 306 | 1:28:41 | 395 |
| 64 | 141 | Hahn | Janna | Wolfsburg | 16 AK3 - TW30 | 0:15:44 | 349 | 0:44:41 | 387 | 0:28:18 | 366 | 1:28:42 | 396 |
| 65 | 208 | Strack | Nina | Biathlon | 11 Sen2 - TW45 | 0:16:06 | 369 | 0:43:46 | 349 | 0:29:02 | 384 | 1:28:54 | 398 |
| 66 | 134 | Madau | Janina | PSV Braunschweig | 17 AK3 - TW30 | 0:16:13 | 376 | 0:42:42 | 306 | 0:30:03 | 418 | 1:28:58 | 399 |
| 67 | 241 | Lueke | Kira | WSV Braunschweig | 8 AK1 - TW20 | 0:15:01 | 292 | 0:45:26 | 406 | 0:28:32 | 374 | 1:28:59 | 400 |
| 68 | 182 | Finke | Marietta | SC Langenhagen | 8 Sen3 - TW50 | 0:16:46 | 403 | 0:00:00 | -- | 0:00:00 | -- | 1:29:03 | 401 |
| 69 | 179 | Koch | Petra | Rühener Mäuse | 1 Sen4 - TW55 | 0:16:15 | 379 | 0:44:23 | 373 | 0:28:54 | 380 | 1:29:32 | 405 |
| 70 | 205 | Schramhauser | Inge | MTV Gifhorn | 12 Sen2 - TW45 | 0:15:58 | 364 | 0:48:25 | 446 | 0:25:22 | 229 | 1:29:46 | 406 |
| 71 | 202 | Hilbers | Petra | TG DDD HANNOVER | 13 Sen2 - TW45 | 0:16:22 | 388 | 0:44:35 | 379 | 0:29:02 | 383 | 1:29:58 | 408 |
| 72 | 130 | Horst | Sarah | Braunschweig | 18 AK3 - TW30 | 0:14:20 | 253 | 0:45:35 | 409 | 0:30:05 | 419 | 1:30:00 | 410 |
| 73 | 166 | El-Hawari | Lara | Braunschweig | 2 Jun - TW18 | 0:16:26 | 392 | 0:43:46 | 350 | 0:29:56 | 413 | 1:30:08 | 411 |
| 74 | 244 | Kosanke | Ina | PSV Braunschweig | 12 Sen1 - TW40 | 0:16:21 | 387 | 0:43:49 | 352 | 0:30:01 | 416 | 1:30:11 | 413 |
| 75 | 156 | Nacke | Marisa | Hochschulsport Hannover | 9 AK1 - TW20 | 0:18:25 | 464 | 0:43:35 | 346 | 0:28:15 | 364 | 1:30:16 | 414 |
| 76 | 148 | Böckermann | Stephanie | VfL Wolfsburg | 6 AK2 - TW25 | 0:13:28 | 184 | 0:46:25 | 423 | 0:30:33 | 431 | 1:30:26 | 415 |
| 77 | 153 | Fischer | Swantje | Braunschweig | 10 AK1 - TW20 | 0:16:10 | 370 | 0:48:20 | 445 | 0:26:12 | 274 | 1:30:41 | 419 |
| 78 | 195 | Konkiel | Marita | Buchhorst | 14 Sen2 - TW45 | 0:16:33 | 396 | 0:00:00 | -- | 0:00:00 | -- | 1:31:03 | 424 |
| 79 | 177 | Elsner | Anne Marie | VfL Wolfsburg | 2 Sen4 - TW55 | 0:18:34 | 470 | 0:41:46 | 274 | 0:30:56 | 442 | 1:31:15 | 426 |
| 80 | 191 | Wendland | Sabine | Triathlon Team Braunsch | 9 Sen3 - TW50 | 0:15:31 | 333 | 0:44:44 | 389 | 0:31:15 | 445 | 1:31:30 | 429 |
| 81 | 236 | Hackbusch | Diana | Garbsen | 7 AK4 - TW35 | 0:16:14 | 378 | 0:46:23 | 422 | 0:29:06 | 388 | 1:31:44 | 432 |
| 82 | 147 | Ortega prado | Elizabeth | VfL Wolfsburg | 7 AK2 - TW25 | 0:00:00 | -- | 0:00:00 | -- | 0:00:00 | -- | 1:31:48 | 433 |
| 83 | 233 | Halbach | Sirkka | DLRG Wolfsburg | 8 AK4 - TW35 | 0:15:23 | 323 | 0:45:38 | 412 | 0:31:02 | 443 | 1:32:02 | 435 |
| 84 | 122 | Gerasch | Julia | Braunschweig | 19 AK3 - TW30 | 0:15:43 | 347 | 0:45:38 | 411 | 0:31:03 | 444 | 1:32:24 | 441 |
| 85 | 197 | Steinke | Katrin | Groß Schwülper | 15 Sen2 - TW45 | 0:16:18 | 381 | 0:46:57 | 431 | 0:29:31 | 402 | 1:32:47 | 445 |
| 86 | 232 | Sievers | Anja | Hannover | 9 AK4 - TW35 | 0:16:54 | 408 | 0:46:53 | 429 | 0:29:32 | 403 | 1:33:19 | 447 |
| 87 | 175 | Dedek | Frauke | Tri Speedys Peine | 3 Sen4 - TW55 | 0:19:33 | 485 | 0:45:39 | 413 | 0:28:27 | 373 | 1:33:39 | 450 |
| 88 | 239 | Meyer | Antje | SportTREND Triathlon tea | 10 AK4 - TW35 | 0:14:41 | 276 | 0:43:28 | 342 | 0:35:55 | 480 | 1:34:05 | 453 |
| 89 | 228 | Schwandt | Melanie | MTV Jahn Schladen | 13 Sen1 - TW40 | 0:17:59 | 452 | 0:46:34 | 425 | 0:29:35 | 405 | 1:34:09 | 454 |
| 90 | 170 | Kriegshammer | Julia | SSV Neuhaus Triathlon | 2 JugA - TW16 | 0:16:12 | 375 | 0:51:18 | 468 | 0:27:01 | 316 | 1:34:31 | 458 |
| 91 | 123 | Mayer | Melanie | Tri-Woelke / VfL Wolfsburg | 20 AK3 - TW30 | 0:15:15 | 308 | 0:44:56 | 392 | 0:34:34 | 472 | 1:34:45 | 461 |
| 92 | 159 | Von Weydenberg | Jessica | Faster than turtles | 11 AK1 - TW20 | 0:16:24 | 390 | 0:46:40 | 428 | 0:31:46 | 450 | 1:34:51 | 462 |
| 93 | 178 | Gawlik | Gerda | Wolfsburg | 4 Sen4 - TW55 | 0:19:39 | 487 | 0:45:15 | 399 | 0:29:58 | 415 | 1:34:52 | 463 |
| 94 | 174 | Copray | Irmela | Ultra Lauf- und Triathlon | 5 Sen4 - TW55 | 0:16:36 | 398 | 0:45:58 | 417 | 0:32:40 | 457 | 1:35:13 | 465 |
| 95 | 157 | Schieder | Carolin | Hannover | 12 AK1 - TW20 | 0:16:15 | 380 | 0:47:43 | 440 | 0:31:23 | 448 | 1:35:21 | 466 |
| 96 | 193 | Bruppacher | Sigrun | Wilsche | 16 Sen2 - TW45 | 0:20:18 | 494 | 0:48:01 | 442 | 0:28:25 | 371 | 1:36:44 | 473 |
| 97 | 139 | Adlung | Kirsten | Dessau-Roßlau | 21 AK3 - TW30 | 0:13:23 | 178 | 0:49:02 | 455 | 0:34:43 | 473 | 1:37:08 | 475 |
| 98 | 201 | Hentrich | Iris | Team Heiße Platte Lange | 17 Sen2 - TW45 | 0:17:07 | 416 | 0:47:12 | 435 | 0:32:50 | 459 | 1:37:09 | 477 |
| 99 | 209 | Bittner | Saskia | Wolfsburg | 18 Sen2 - TW45 | 0:18:12 | 460 | 0:48:47 | 452 | 0:30:52 | 441 | 1:37:51 | 481 |
| 100 | 229 | Binfet | Jana | MTV Isenbüttel | 11 AK4 - TW35 | 0:18:28 | 465 | 0:45:45 | 414 | 0:34:06 | 466 | 1:38:19 | 483 |
| 101 | 184 | Borchert | Ramona | SV Meinersen / Ahnsen / | 10 Sen3 - TW50 | 0:00:00 | -- | 0:00:00 | -- | 0:00:00 | -- | 1:38:37 | 484 |
| 102 | 237 | Missal | Sandra | Hannover | 12 AK4 - TW35 | 0:16:55 | 409 | 0:50:39 | 465 | 0:31:21 | 447 | 1:38:55 | 487 |
| 103 | 158 | Schwarz | Jennifer | Wolfsburg | 13 AK1 - TW20 | 0:18:14 | 461 | 0:51:35 | 472 | 0:30:18 | 423 | 1:40:07 | 489 |
| 104 | 533 | Lamek | Silvia | Parsau | 14 Sen1 - TW40 | 0:20:24 | 495 | 0:49:38 | 458 | 0:30:08 | 420 | 1:40:09 | 490 |
| 105 | 240 | Stock | Ulrike | Danndorf | 22 AK3 - TW30 | 0:18:02 | 453 | 0:52:15 | 475 | 0:30:41 | 432 | 1:40:58 | 491 |
| 106 | 214 | Graf | Christiane | Vordorf | 15 Sen1 - TW40 | 0:14:09 | 239 | 0:50:32 | 464 | 0:36:24 | 481 | 1:41:05 | 492 |
| 107 | 238 | Goltz | Janice | DLRG OG Wolfsburg | 13 AK4 - TW35 | 0:17:07 | 417 | 0:50:18 | 463 | 0:33:52 | 464 | 1:41:18 | 494 |
| 108 | 126 | Busch | Claudia | Königsutter | 23 AK3 - TW30 | 0:18:35 | 472 | 0:47:28 | 438 | 0:35:50 | 479 | 1:41:54 | 496 |
| 109 | 186 | Eckstein | Manuela | Velpke | 11 Sen3 - TW50 | 0:20:08 | 493 | 0:48:34 | 448 | 0:33:35 | 461 | 1:42:17 | 500 |
| 110 | 167 | Georgi | Marie-Sophie | SV Germania Helmstedt | 3 Jun - TW18 | 0:16:12 | 373 | 0:51:39 | 473 | 0:34:50 | 474 | 1:42:40 | 501 |
| 111 | 242 | Bachmann | Lea | Wolfsburg | 4 Jun - TW18 | 0:17:38 | 441 | 0:51:26 | 469 | 0:33:37 | 462 | 1:42:42 | 502 |
| 112 | 146 | Duchscherer | Lisa | Danndorf | 8 AK2 - TW25 | 0:15:06 | 298 | 0:55:25 | 479 | 0:32:18 | 455 | 1:42:49 | 503 |
| 113 | 137 | Weber | Johanna | SV Garssen-Celle | 24 AK3 - TW30 | 0:15:11 | 305 | 0:00:00 | -- | 0:00:00 | -- | 1:42:59 | 504 |
| 114 | 190 | Seidel | Monika | VfL Wolfsburg | 12 Sen3 - TW50 | 0:17:30 | 432 | 0:56:23 | 482 | 0:30:44 | 435 | 1:44:37 | 505 |
| 115 | 173 | Scharfenberg | Karin | Wernesgrüner Mädels | 6 Sen4 - TW55 | 0:18:37 | 474 | 0:49:45 | 461 | 0:36:41 | 482 | 1:45:03 | 506 |
| 116 | 162 | Patragst | Julia | SV Germania Helmstedt | 14 AK1 - TW20 | 0:18:45 | 478 | 0:51:13 | 467 | 0:35:18 | 476 | 1:45:15 | 507 |
| 117 | 160 | Degenhard | Michelle | Team Heiße Platte Lange | 15 AK1 - TW20 | 0:15:28 | 329 | 0:52:45 | 476 | 0:37:14 | 484 | 1:45:27 | 508 |
| 118 | 212 | Bohnert | Andrea | Freiburg | 16 Sen1 - TW40 | 0:17:01 | 413 | 0:51:29 | 470 | 0:36:57 | 483 | 1:45:28 | 509 |
| 119 | 187 | Rücker | Angelika | Hannover | 13 Sen3 - TW50 | 0:17:29 | 431 | 0:00:00 | -- | 0:00:00 | -- | 1:45:33 | 510 |
| 120 | 129 | Deltcheva | Michaela | Braunschweig | 25 AK3 - TW30 | 0:00:00 | -- | 0:00:00 | -- | 0:00:00 | -- | 1:46:41 | 511 |
| 121 | 169 | Drosdz | Ricarda | SV Gifhorn | 3 JugA - TW16 | 0:20:56 | 500 | 0:50:44 | 466 | 0:35:35 | 477 | 1:47:15 | 512 |
| 122 | 171 | Straube | Mara | Wesendorfer SC | 4 JugA - TW16 | 0:18:41 | 476 | 0:54:25 | 478 | 0:37:41 | 485 | 1:50:48 | 513 |
| 123 | 189 | Gilges | Korina | Hildesheim | 14 Sen3 - TW50 | 0:20:35 | 498 | 0:55:51 | 480 | 0:43:23 | 487 | 1:59:49 | 517 |
| -- | 111 | Zegenhagen | Loreen | MTV Vorsfelde | -- AK2 - TW25 | 0:14:02 | 228 | 0:00:00 | -- | 0:00:00 | -- | --:--:-- | -- |